



The Milton H. Erickson Foundation, Inc. NEWSLETTER

The Milton H. Erickson Foundation, Inc.
3606 North 24th Street
Phoenix, Arizona 85016
U.S.A.
Telephone: (602) 956-6196

Volume 3, Number 2

Summer, 1983

EDITOR'S NOTES

I received a few heated comments on my review of the Lanktons' book. I would like to remind each one of you that I welcome your comments, suggestions and submissions. If you have another view that you think is valuable and relevant, send it along. If it's pertinent and well written, I will include it in the newsletter.

Business Matters: Closing date for submissions to the next Newsletter (*Fall, 1983*) is August 19, 1983. All business and money matters, including subscriptions, should be addressed to the Foundation's offices in Phoenix.

BILL O'HANLON

Pre-Congress Institute

The Milton H. Erickson Foundation will sponsor a **Pre-Congress Institute** on Ericksonian Approaches to Hypnosis and Psychotherapy, **Friday, November 25, 1983 through Tuesday, November 29, 1983**, just prior to the Second International Congress on Ericksonian Approaches to Hypnosis and Psychotherapy, which will be held November 30 - December 4, 1983. The Pre-Congress Institute, limited to two hundred professionals, is being offered for those who want additional training in Ericksonian approaches. Both basic and advanced tracks will be presented.

Enclosed you will find the complete schedule and registration form for the Pre-Congress Institute to be held in Phoenix, Arizona. **Register at your earliest convenience.** Please inform your friends and colleagues of this meeting.

EULOGY FOR DR. ISAAC GUBEL

The Directors of the Milton H. Erickson Foundation are grieved to report the death of Professor Dr. Isaac Gubel of Buenos Aires, Argentina, March 21, 1983. Dr. Gubel was to be one of the primary speakers at the upcoming Erickson Congress and had agreed to present two workshops, one on Folkloric Approaches in Psychotherapy from an Ericksonian Viewpoint and the other on Therapy with Psychosomatic Patients. Dr. Gubel's presence at the Erickson Congress will be sorely missed; he was the only representative of a South American country selected to present at the meeting.

Among his many professional accomplishments, Dr. Gubel was Associate Professor of Psychosomatics at the Argentine University, John F. Kennedy. Gubel was editor and founder of the journal, **Revista Ibero Americana de Sofrologia y Medicina Psicomatica**, the only hypnosis journal published at present in Spanish, and a journal which has appeared regularly since its founding in 1959. Gubel's journal was distributed in South America, Spain, Italy and Portugal to more than 2,500 people. The double issue of the **Revista**, published for August, 1981 and March, 1982, was a most impressive publication of 236 pages, commemorating the 22nd anniversary of its founding, and including a remarkable illustrated historical survey of the scientific literature of hypnosis since the work done by Franz Anton Mesmer. It included a photograph of Dr. Erickson and a translation of one of his papers.

Gubel authored more than 50 publications concerning hypnosis, anthropology, sexology and psychotherapy. During the past twenty-five years, he had been an invited lecturer on hypnosis, psycho-

therapy and psychosomatic medicine on many occasions throughout the Spanish and Portuguese speaking world.

Gubel's contributions were also known in the English speaking world. He was a consulting editor of the **American Journal of Clinical Hypnosis**. Moreover, he was one of the first foreign associates and an Honorary Fellow of the American Society of Clinical Hypnosis.

Gubel was one of the leading exponents of Ericksonian approaches outside the United States, and was tireless in his efforts to promote Erickson's work in Spanish speaking countries. Besides publishing numerous translations and articles by Dr. Erickson, in March 1980, as a homage to Dr. Erickson, Gubel published an entire issue of his journal consisting of papers written by Erickson, personally translating twelve of Erickson's articles into Spanish. He also wrote an editorial expressing his admiration of Dr. Erickson's accomplishments in the field of hypnosis. Before this issue of the **Revista** went to press, Dr. Erickson died and Dr. Gubel delayed publication briefly until he was able to include a beautifully worded memorial tribute.

Dr. Gubel's acquaintance with Dr. Erickson began through professional correspondence in August 1958, soon after the founding of the American Society of Clinical Hypnosis. It continued through their mutual interest in professional organizations, teaching, writing and editing, and in international interchange and cooperation. They first met in Mexico City in May 1960 at the 35th Anniversary Congress of the Pan American Medical Association, both being on the program for the Section on

(Continued on Page Six)

At the 1982 Dallas Seminar, The Erickson Foundation had its site visit to become approved as an independent sponsor of CME credits. We are proud to report that The Milton H. Erickson Foundation is accredited by the Accreditation Council for Continuing Medical Education to sponsor continuing medical education for physicians.

Vancura Quadruplets

Mr. and Mrs. Michael Vancura of Prague, Czechoslovakia announce the birth of their quadruplets, three boys and one girl: Anne, Jacob, Vojtech and Luĕe. They were born on January 25, 1983. Mr. Vancura was a faculty member of the First International Congress on Ericksonian Approaches to Hypnosis and Psychotherapy and was scheduled to have presented at the Second International Congress. Unfortunately, he will not be able to be with us this year. We send our best wishes to the Vancuras, their son Matej, and the new additions to their family.

ONGOING TRAINING

Two weekly trainings will be given by Stephen Gilligan, Ph.D. this summer in Newton, Massachusetts. Each group will meet for six 3-hour morning sessions. A beginner-level group (limited to 15, cost is \$200) is scheduled for the Wednesday mornings of July 6, 13, 20, 27, August 17 & 24. An intermediate/advanced level group (limited to 8, cost is \$250) will be held on the Friday mornings of July 8, 15, 22, 29, August 19 & 26. Contact Stephen Gilligan, Ph.D., 202 Winchester St., Newton Highlands, Massachusetts 02161, (617) 965-7399.

Also, Stephen Gilligan will be conducting a 9-day extended training in Ericksonian hypnotherapy this fall in Bridgeport, Connecticut. The dates are October 14-16, November 11-13 and January 6-8; attendance limited to 35. Contact Jack Bloom, Ph.D. at The Center of Connecticut, 23 Sherman St., Fairfield, Connecticut 06430, (203) 255-9600.

CONTACT/EXCHANGE

Jean Godin, organizer of the Institute Milton Erickson de Paris (62 Rue de Clichy, 75009, Paris, France) is in the process of translating Erickson's works (and Ericksonian works in general) into French. He is interested in making contact with anyone else who is engaged in such an endeavor or who is interested in participating in his efforts. Dr. Godin, who holds both an M.D. and a Ph.D., wants to introduce Erickson's work to the mental health practitioners in France, where few people speak English. To this end he has formed the Paris Institut to promulgate knowledge of Erickson through the translation of material, the sponsoring of trainings, meetings, etc.

The International Academy of Health Care Professionals, Inc. (70 Glen Cove Rd., Suite 209, Roslyn Heights, NY 11577) is now accepting applications for Diplomate status. Applicants must demonstrate competence in the health care professions at an advanced level.

DONATIONS

Since the last issue of the Erickson Foundation's Newsletter, the Erickson Foundation has received \$2,598.41 in donations. We wish to express our appreciation to the following people for their support:

Jared R. Goldman, M.A.
Jay C. Leshner
Arturo E. Morales, M.D.
Thomas Schroer, Ph.D.
Karen L. Dawkins
Richard E. McCollum, M.A.
Kristi L. Kennen, M.S.W.
Ruth Travgott-Olson, M.A.
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Noelle M. Poncelet, M.S.W.
Ruth L. Shayman, Ph.D.
Lusijah Marx, MSN
John W. Metcalf, Jr.
Jane W. Hollister, M.A.
Larry Gindhart

Jane Furze
Carole P. Smith, Ph.D.
Richard Busch, M.A.
Leland J. Green M.D.
Brent B. Geary, M.S.
June Jacobson, Ed.S.
Joe S. Schaid, M.S.
Erick Larsen
W.S. Kelly
Yvonne Dolan, M.A.
Burton L. Silverman, M.D.
Dr. Bob G. Stout
Anthony Kaluta
Dr. Alan McLean
Marc C. Gabel, M.D.
Wm. F. Morley of the
Carleton University

We wish to thank Robert and Kathy Erickson who donated the Webster's Third New International Dictionary to the Foundation.

In April, 1983, the Erickson Foundation received a very large donation from Ms. Jane Furze of Phoenix, Arizona with the following letter attached:

Dear Jeff and Sherron,

In cleaning out the garage last week I found my old records from my visits with Dr. Erickson and it reminded me that I never did pay him the balance due.

When I was seeing him my funds were tight so I couldn't afford to pay much. One time, when I expressed concern over the amount I owed him, he sent me a letter saying I should not worry. He was confident I would settle the bill at the proper time and in the proper manner.

This is hardly the proper time but it's the best I can do now. Since he is no longer here to receive the check, I feel the proper manner to pay is in the form of a donation to your Foundation to carry on his work.

Best of luck to both of you.

Jane

Ms. Furze's name has been added to the special patron's placque which is displayed at the Foundation. We are very honored to receive this donation.

Ms. Furze has been a major supporter of the Erickson Foundation since it began in 1979. She contributed endless hours in getting the Foundation's mailing list computerized and each quarter updated the mailing list, running labels for our Newsletter. She acted as a consultant for us many times in the past, and no doubt will do so many times in the future. We would like to take this opportunity to thank Ms. Furze for being there when the Foundation needed her.

Sherron S. Peters

International Stamp Request

In 1979 the Erickson Foundation began accumulating stamps from our international correspondence. A collection of these stamps, including some uncanceled stamps, has been placed in an album which is on display at the Foundation office. So far we have stamps from 39 countries around the world.

We would greatly appreciate any contributions of uncanceled and commemorative stamps which could be added to our collection.

We are very proud of our collection and welcome interested visitors to the Foundation to view it.

Pat Mills

CAPSULE REVIEW

Onno van der Hart has written a book on **Rituals in Psychotherapy**, published by Irvington Publishers. The book deals with prescribing rituals in a very strategic "Ericksonian" manner. Using a background of anthropology and a family life cycle framework, van der Hart examines the types and uses for rituals in societies, families and therapy. I found the chapters on the use of rituals in therapy (with case examples to illustrate) the most useful. I also appreciated his distinction between rites of separation, transition rituals and rites of incorporation as a guideline for when to and how to use rituals with clients. His discussion of the trance inducing aspects of rituals is relevant to readers of this newsletter.

Bill O'Hanlon

MEDIA OF INTEREST:

Now Available For Purchase
in PAL Videotape Format

*"Symbolic Hypnotherapy — Videotape
of Milton H. Erickson, M.D."*

Discussant: Jeffrey K. Zeig, Ph.D.

This Training Videotape for the advanced mental-health practitioner of hypnosis is now available for sale in both the U.S. NTSC system and in the PAL system.

The two part (2 hours, 36 minutes) program consists of a 40 minute lecture by Jeffrey K. Zeig, Ph.D. followed by two complete inductions by Dr. Erickson with the same subject.

Cost:

PAL Beta II & PAL VHS \$225

NTSC Beta II & VHS \$200

NTSC U-Matic \$275

For further information, contact The Erickson Foundation.

Hemophilia in Context is a 47 minute videotape of a single session in the treatment of hemophilia which incorporates the use of hypnotic techniques to affect psychophysiological processes and family systems approaches to affect related family interactional sequences. A two-person "separate-track" trance is demonstrated, which is designed to affect the boundaries between a mother and her young son. The pre-inductive stage, the induction and the post-inductive stages of the interview are described. The session discussed is transcribed in Dr. Rittnerman's book: *Hypnotic Family Therapy*, to be published by Jossey-Bass by December 1983.

Available in Beta or VHS - \$70.00;
¾ U-Matic - \$80.00

For further information, contact:
Michele Rittnerman, Ph.D., 3908
Lakeshore Avenue, Oakland, CA 94610.

A review of the Teaching Seminar book appeared in the (British) Journal of Family Therapy, Vol. 5, No. 1, February 1983, p. 101. The review was written by Phillipa Seligman, Family Therapist, The Family Institute, Cardiff.

Training the Time Sense: Hypnotic and Conditioning Approaches is a book of reprinted and original material that discusses techniques of time distortion, time expansion, temporal acceleration and temporal conditioning. Compiled by Robert F. Morgan, Ph.D., it includes articles from Milton and Elizabeth Erickson, Linn Cooper, and Paul Sacerdote, among others. The book is available for \$10 including postage freling staff, Di Percy. The booklet entitled "Study Tactics, A Guide to the Art of Studying," is directed to helping students surmount college entry problems. Included in the guide is a case that Dr. Erickson discussed in his teaching stories.

—REGISTRATION FORM—

Second International Congress on Ericksonian Approaches to Hypnosis & Psychotherapy Nov. 30, 1983 - Dec. 4, 1983 / Phoenix, Arizona

Register at your earliest convenience. Interest in the meeting is high. Currently over 1,600 have paid registration fees.

All checks should be in U.S. currency, drawn on an American bank and made payable to The Milton H. Erickson Foundation. Registration fees do not include the banquet, meals, lodging or transportation fees. All registrants will receive a Congress information packet including a final Congress program; workshop and hotel registration forms; and banquet and travel information.

Cancellation Fee: \$25.00 if received in writing and postmarked by Nov. 9, 1983.

RETURN TO: Jeffrey K. Zeig, Ph.D.; The Milton H. Erickson Foundation, Inc.; 3606 N. 24th Street; Phoenix, AZ 85016; U.S.A.; Telephone (602) 956-6196.

Please check one:

Please find enclosed my registration fee \$ _____ (Payable to: The Milton H. Erickson Foundation, Inc.)

We honor MasterCard VISA

Account # _____

Expiration Date _____

Please send final Congress program.

Name: _____

Degree: _____

Address: _____

City/State/Prov. _____

Country: _____ Zip: _____

Telephone: _____

Type of Practice: _____

VIDEO CASSETTES AVAILABLE FOR SALE FROM THE 1982 SEMINAR ON ERICKSONIAN APPROACHES TO HYPNOSIS AND PSYCHOTHERAPY

ORDER FORM

AVAILABLE 1-HOUR DEMONSTRATIONS

- Joe Barber, Ph.D.—UTILIZING HYPNOSIS IN PSYCHOTHERAPY
- Richard Fisch, M.D.—THE INITIAL INTERVIEW IN BRIEF PSYCHOTHERAPY
- Stephen Gilligan, Ph.D. cand.—ACCESSING UNCONSCIOUS PROCESSES
- Stephen Lankton, A.C.S.W. and Carol Lankton, M.A.—A DUAL INDUCTION USING DISSOCIATION
- Marion Moore, M.D.—THE CONSTRUCTIVE USE OF HYPNOTIC PHENOMENA
- Robert E. Pearson, M.D.—ERICKSONIAN INDUCTION METHODS
- Bertha Rodger, M.D.—A CONVERSATIONAL INDUCTION WITH FIXATION ON IDEAS
- Sidney Rosen, M.D.—A QUICK-UTILIZATION APPROACH TO HYPNOTIC INDUCTIONS
- Ernest Rossi, Ph.D.—A FAIL SAFE DOUBLE BIND APPROACH TO HYPNOTIC INDUCTION
- Kay Thompson, D.D.S.—A CONVERSATIONAL INDUCTION AND THE UTILIZATION OF SPONTANEOUS TRANCE
- Richard Van Dyck, M.D.—ACCEPTING THE SUBJECT'S COGNITIONS AS A BASIS FOR THERAPY
- Jeffrey K. Zeig, Ph.D.—THE EFFECTIVE UTILIZATION OF MULTILEVEL COMMUNICATION

AVAILABLE FORMATS:

_____ Beta I, II, or III ½ inch _____ VHS ½ inch _____ U-Matic ¾ inch

PRICES: QUANTITIES	1	2	3	4	5	6	7	8	9	10	11	12
½" Beta or VHS	\$100	200	300	400	475	570	665	760	855	925	1018	1110
¾" U-Matic	\$110	220	330	440	525	630	735	840	945	1025	1128	1230

I've enclosed a check or money order in the amount of \$ _____ payable to the Milton Erickson Foundation, Inc. Add \$7.50 for handling.

We honor MasterCard VISA

Account # _____ Expiration Date _____

My Name _____

My Address _____

City _____ State _____ Zip _____

Ordering instructions: After circling tapes desired, checking the format required for playback on your equipment, and completing the order form, please mail to the Milton H. Erickson Foundation, Inc., 3606 North 24th Street, Phoenix, Arizona 85016. You may expect delivery within three weeks.

Video cassettes in both PAL and SECAM systems are available upon request at extra charge. Payment must be in U.S. dollars.

THE PRE-CONGRESS INSTITUTE

Sponsored by Arizona State Hospital

Friday, November 25, 1:00 PM — Tuesday, November 29, 12:30 PM

The purpose of the Institute is to offer a comprehensive structured training program in Ericksonian hypnosis and therapy that consists of basic and advanced sections. The Institute has been designed so that each segment builds a foundation for the segments that follow and is designed to be practical, concentrating on the supervision of the participants as they practice the skills being taught. The Institute will offer a more "hands-on" rather than a "didactic" approach. Participants can expect a great deal of practicum experience and intense interaction with the trainers due to the structure of the Institute and the relatively low student/teacher ratio.

The BASIC track requires little or no prior skills in, or knowledge about, Ericksonian approaches to trance induction, hypnotherapy, multi-level communication, strategic interventions and indirect suggestion. This track would be appropriate for the person who has some experience with hypnosis but lacks a comprehensive overview of the Ericksonian approach. After a preliminary demonstration and/or lecture, the group will divide into small practice groups.

The INTERMEDIATE/ADVANCED track assumes knowledge of and experience with the basic skills outlined above. Participants will be able to choose between two alternate practicums in each time slot.

Each track will be limited to 100 participants.

Instructors and practicum supervisors for the Institute are: Joseph Barber, Ph.D., Carol Lankton, M.A., Stephen Lankton, ACSW, Bill O'Hanlon, M.S. (Institute Organizer), Robert Pearson, M.D., Sidney Rosen, M.D., Ernest Rossi, Ph.D., Kay Thompson, D.D.S and Jeffrey Zeig, Ph.D.

ELIGIBILITY REQUIREMENTS: The Institute is open to professionals in health related fields including physicians, doctoral level psychologists and dentists who are qualified for membership in, or are members of, their respective professional organizations (e.g., AMA, APA, ADA). The Congress also will be open to professionals with mental health related graduate degrees (e.g., MSW, MSN, MA or MS) from accredited institutions. Applications will be accepted from full time graduate students in accredited programs in the above fields who supply a letter from their department certifying their student status.

REGISTRATION: Friday, November 25, 1983, 11:00 a.m.-1:00 p.m.; **CONVOCATION and INTRODUCTIONS:** 12:30 - 1:00

Institute Practicum Descriptions

FRIDAY

November 25, 1983

BASIC TRACK:

1:00-4:00 Friday p.m.
FORMAL INDUCTION TECHNIQUES

Kay Thompson, D.D.S.

Erickson often used formal induction and direct suggestion in his hypnotic work. This practicum will offer an opportunity to observe and practice formal induction and direct suggestion

2:30-4:00
SMALL GROUP PRACTICE SESSION
WITH FACULTY

INTERMEDIATE/ADVANCED TRACK:

1:00-4:00 Friday p.m.
CONVERSATIONAL INDUCTION OF HYPNOSIS
Sidney Rosen, M.D.

Participants will have an opportunity to observe and then practice trance induction done informally in the context of a conversation.

LEVEL: Intermediate & Advanced

1:00-4:00 Friday p.m.
INDUCTION USING CONSCIOUS/
UNCONSCIOUS DISSOCIATION

Carol Lankton, M.A.

Using voice shifts, attribution and other techniques to create a specific split in psychological states to facilitate trance and trancework.

LEVEL: Advanced

■ 4:00-5:30 Friday p.m.
— DINNER BREAK —

BASIC TRACK:

5:30-8:30 Friday p.m.
NATURALISTIC INDUCTION TECHNIQUES
Robert Pearson, M.D.

The "Naturalistic" approach which was at the core of Erickson's hypnosis and therapy will be defined and delineated. Supervised practice to aid in developing naturalistic induction skills will be offered.

7:00-8:30
SMALL GROUP PRACTICE SESSIONS
WITH FACULTY

INTERMEDIATE/ADVANCED TRACK:

5:30-8:30 Friday p.m.
CONVERTING PERSONAL
DEVELOPMENTAL GAPS INTO ASSETS
AS AN ERICKSONIAN HYPNOTHERAPIST
Ernest Rossi, Ph.D.

Erickson was the archetypal "Wounded Physician" whose powerful skills seem to have arisen out of his infirmity. It was characteristic of his work to search for ways to turn liabilities into assets. How can you use your "liabilities" as resources in therapeutic work?

LEVEL: Intermediate & Advanced

5:30-8:30 Friday p.m.
SUGGESTIONS AND BINDS IN HYPNOSIS
AND NONHYPNOTIC WORK

Steve Lankton, ACSW

The varieties of suggestions and binds will be delineated and demonstrated. Practice exercises will be given so that participants can incorporate these skills.

LEVEL: Advanced

SATURDAY

November 26, 1983

BASIC TRACK:

9:30-12:30 Saturday a.m.
METAPHOR CONSTRUCTION & DELIVERY

Stephen Lankton, ACSW & Carol Lankton, M.A.

A model for generating and delivering stories in therapy will be taught. Participants will be given an opportunity to construct and deliver stories in a supervised practice setting.

11:00-12:30
SMALL GROUP PRACTICE SESSIONS
WITH FACULTY

INTERMEDIATE/ADVANCED TRACK:

9:30-12:30 Saturday a.m.
MULTI-LEVEL COMMUNICATION IN THERAPY
Kay Thompson, D.D.S.

The use of puns, idioms, metaphors and other multi-level communications will be demonstrated and discussed. Participants will have an opportunity to develop multi-level communication skills in supervised practice exercises.

LEVEL: Intermediate & Advanced

9:30-12:30 Saturday a.m.
THE USE OF SYMBOLS IN THERAPY

Jeffrey K. Zeig, Ph.D.

How and why to use symbols in therapy. Practicum experience in response to case examples will be available.

LEVEL: Advanced

■ 12:30-2:00 Saturday p.m.
— LUNCH BREAK —

BASIC TRACK:

2:00-5:00 Saturday p.m.
ERICKSONIAN HYPNOTHERAPY SIMPLIFIED
Sidney Rosen, M.D.

A simple, comprehensive overview of Erickson's hypnotherapy will be offered, along with an opportunity to practice basic skills in this area.

3:30-5:00
SMALL GROUP PRACTICE SESSIONS
WITH FACULTY

INTERMEDIATE/ADVANCED TRACK:

2:00-5:00 Saturday p.m.
INTERMEDIATE/ADVANCED METAPHOR
Ernest Rossi, Ph.D.

Deals with the purpose of stories in therapy and when and how to use them. Participants will practice generating therapeutic anecdotes.

LEVEL: Intermediate & Advanced

2:00-5:00 Saturday p.m.
INTEGRATING HYPNOSIS
AND PSYCHOTHERAPY

Robert Pearson, M.D.

How and when to use hypnosis in therapy. This seminar will be a dialogue between Dr. Pearson and the participants.

LEVEL: Advanced

SUNDAY

November 27, 1983

BASIC TRACK:

9:30-12:30 Sunday a.m.
INDIRECT & UTILIZATION APPROACHES
Ernest L. Rossi, Ph.D.

What constitutes the indirect approach to hypnosis? What is utilization? How are they different from each other, from the "naturalistic" approach and from direct approaches? These questions will be answered and participants will be offered an opportunity to use these approaches.

11:00-12:30
SMALL GROUP PRACTICE SESSIONS
WITH FACULTY

INTERMEDIATE/ADVANCED TRACK:

9:30-12:30 Sunday a.m.
PARADOX: ITS FORMATION AND USE
Carol Lankton, M.A.

What is paradox? What are the indications and contraindications for its use in therapy? Case staffing will be used as a forum for illustrating both the decision-making process of when to and when not to use paradox, and how to use it when it is indicated.

LEVEL: Intermediate & Advanced

9:30-12:30 Sunday a.m.
REFRAMING: TYPOLOGY AND PRACTICE
Bill O'Hanlon, M.S.

Reframing has a number of uses in therapy, from negotiating the description of the presenting complaint to utilizing "resistance" in the service of change. The varieties of its uses will be discussed and classified. Participants will get practice at developing reframing skills.

LEVEL: Advanced

■ 12:30-2:00 Sunday p.m.
— LUNCH BREAK —

BASIC TRACK:

2:00-5:00 Sunday p.m.
RESISTANCE
Joseph Barber, Ph.D.

The Ericksonian approach views resistance as just another behavior that can be utilized to accomplish clinical goals. Demonstration and practicum will provide an opportunity to develop skills in this area.

3:30-5:00
SMALL GROUP PRACTICE SESSIONS
WITH FACULTY

INTERMEDIATE/ADVANCED TRACK:

2:00-5:00 Sunday p.m.
RESISTANCE
Robert Pearson, M.D.

Demonstration and discussion of Ericksonian-based methods of teaching trance to those who have had difficulty responding to previous inductions. Emphasis is on pragmatic approaches rather than insight.

LEVEL: Intermediate & Advanced

2:00-5:00 Sunday p.m.
PAIN CONTROL IN TRAUMATIC SITUATIONS
Kay Thompson, D.D.S.

Discussion and practice of hypnotic techniques and approaches for dealing with pain in surgery, TMJ and other traumatic situations.

LEVEL: Advanced

MONDAY

November 28, 1983

BASIC TRACK:

9:30-12:30 Monday a.m.
MULTI-LEVEL COMMUNICATION
Jeffrey K. Zeig, Ph.D.

It has been accepted for quite some time that patients' symptoms and communications are complex multi-level messages. One of Erickson's contributions was to therapeutically use multi-level communications in response to those of the patient. This session will offer practice in using multi-level communication to facilitate therapeutic change.

11:00-12:30
SMALL GROUP PRACTICE SESSIONS
WITH FACULTY

INTERMEDIATE/ADVANCED TRACK:

9:30-12:30 Monday a.m.
CLASS PROBLEMS/CLASS OF SOLUTIONS
Bill O'Hanlon, M.S.

A model that integrates Erickson's use of anecdotes, trance phenomena and task assignments will be offered. Participants will have the chance to practice using the model.

LEVEL: Intermediate & Advanced

9:30-12:30 Monday a.m.
CLINICAL USE OF TRANCE PHENOMENA
Stephen Lankton, ACSW

Demonstration and practicum to teach participants how to use trance phenomena to effect or further therapeutic goals.

LEVEL: Advanced

■ 12:30-2:00 p.m. Monday p.m.
— LUNCH BREAK —

BASIC TRACK:

2:00-5:00 Monday p.m.
AUTOHYPNOSIS
Kay Thompson, D.D.S.

Participants will be taught self-hypnosis and given an opportunity to practice putting themselves in trance. Uses of autohypnosis will be discussed.

3:30-5:00
SMALL GROUP PRACTICE SESSIONS
WITH FACULTY

INTERMEDIATE/ADVANCED TRACK:

2:00-5:00 Monday p.m.
AUTOMATIC HANDWRITING
Sidney Rosen, M.D.

Discussion and practicum on the induction of automatic handwriting and its uses in a clinical setting.

LEVEL: Intermediate & Advanced

2:00-5:00 Monday p.m.
ISSUES IN HYPNOTIC PAIN MANAGEMENT
Joseph Barber, Ph.D.

Participants already familiar with basic approaches to hypnotic pain management will learn advanced issues and have the opportunity to ask questions and/or staff cases. Participants will be taught how to approach a case, what information is important to gather and how to decide which approach to use with a particular patient.

LEVEL: Advanced

TUESDAY

November 29, 1983

BASIC TRACK:

9:30-12:30 Tuesday a.m.
AN ANNOTATED GUIDE
TO THE ERICKSON MEDIA
Bill O'Hanlon, M.S.

This seminar will offer a comprehensive guide to the existing literature and audio/video materials pertaining to Erickson's work.

PRE-CONGRESS INSTITUTE
(Continued from Page Five)

INTERMEDIATE/ADVANCED TRACK:

9:30-12:30 **Tuesday a.m.**
PANEL: PHYSIOLOGICAL CONTROLS

Joseph Barber, Ph.D.,
Ernest Rossi, Ph.D. &
Kay Thompson, D.D.S.

This panel will be a forum for the examination of current knowledge and techniques of physiological control through hypnosis and other approaches. Just what are the limits of human conscious and unconscious control of bodily processes?

LEVEL: Intermediate & Advanced

9:30-12:30 **Tuesday a.m.**
DIAGNOSIS AND TREATMENT PLANNING

Stephen Lankton, ACSW & Carol Lankton, M.A.

How does a therapist using an Ericksonian approach gather information, make assessments and plan for interventions? Using case examples from their work as well as from participants, Steve and Carol will illustrate this diagnostic framework and give an indication of how treatment logically relates to diagnosis.

LEVEL: Advanced

Pre-Congress Institute Additional Information

SITE and ACCOMMODATIONS

Meetings are scheduled in the Hotel WestCourt which is located in an "urban village" in north Phoenix. Restaurants, entertainment and shopping are located within a short walk of this luxury hotel. Room rates are \$45/night, single and double. Suites and special hospitality rooms are available at \$65/night. Hotel registration forms will be sent to all registrants.

CONTINUING EDUCATION

As an organization accredited for continuing medical education, the Arizona State Hospital certifies that this program meets the criteria for credit hours in Category One of the Physician's Recognition Award of the American Medical Association. Credit will be provided on an hour-for-hour basis.

Application is also being pursued for continuing education credits from major accrediting organizations.

TRAVEL INFORMATION

Discount rates are available through the Congress Travel Service. Information will be sent to all registrants.

REFUND POLICY

Request for refunds must be made in writing and are subject to a \$25.00 administrative service charge. Full refund less the service charge will be made if the request is postmarked by November 9, 1983. No refunds will be made for requests postmarked after the refund deadline. Agencies billed should assume responsibility for payment of administrative charges if cancellations are made.

Dr. Gubel (Continued from Page One)
Medical Hypnosis, the first time such a section had ever been included in this Association's meetings. They met again in Caracas, Venezuela in August 1960, where Dr. Erickson gave a series of lectures and demonstrations to the staffs of two hospitals and to a professional medical society.

These were their only personal contacts, but through the succeeding years they continued their close

friendship, their exchanges of books and publications, and their active correspondence on mutual interests.

Dr. Gubel is survived by his son, Gustavo, and his wife, Isabel, who is a psychologist who practices hypnosis. It is with deep regret that we report the loss of one of the world's leading pioneers in the field of medical hypnosis.

Jeffrey K. Zeig, Ph.D.
Elizabeth M. Erickson

Review of "Remembering Erickson," a Videotape Discussion between Jay Haley & John Weakland

As two of Erickson's premier students, Haley and Weakland have a wealth of knowledge, gathered over decades, to share on this incredible man. Their dialogue in "Remembering Erickson" is an important contribution to the growing body of knowledge about the late Milton H. Erickson, M.D. It is informative and inspirational, providing new insights into Erickson's professional contributions.

Haley and Weakland discuss their initial introduction to Erickson and place Erickson's work in historical perspective — Erickson's teachings were singularly unique in the 1950s. Although most psychotherapists rely on an historical lineage and build on the clinical and theoretical practices of previous masters, Erickson was an independent explorer who blazed his own trails.

Comments are included on Erickson's style and his disciplined approach to therapy. The discussants reflect on Erickson's remarkable memory, legendary perceptiveness, attention to detail, personal power and his meticulousness in training himself.

A number of Erickson cases are discussed; new perspectives are placed on old cases and a number of new cases, many of which I had never heard before, are presented. Special attention is placed on what Haley describes as "ordeal therapy." For example, Haley cites the case of a patient who had anxiety attacks and was instructed by Erickson to do deep kneebends as a way of breaking the anxiety cycle.

Haley and Weakland present wonderful insights into Erickson's work. This tape will be appreciated by those who are interested in learning more about Milton H. Erickson.
Fee: \$50.00 for one-week rental.

Contact: Strategic Therapy Training Center, Dept. VT, 4602 North Park Avenue, Chevy Chase, Maryland 10815, (301) 652-3120.

Jeffrey K. Zeig, Ph.D.

—PRE-CONGRESS INSTITUTE REGISTRATION FORM—

Registration Fee: Checks should be payable in U.S. currency, drawn on an American bank and made payable to The Milton H. Erickson Foundation.

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 NO, I have not registered for the **2nd International Congress.**

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(payable to The Milton H. Erickson Foundation).

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Check One: BASIC INTERMEDIATE/ADVANCED

Cancellation Fee: \$25 if received in writing and postmarked by November 9, 1983.

DISCOUNT: Deduct \$50.00 from the below applicable Pre-Congress Institute registration fee if The Milton H. Erickson Foundation is in receipt of your paid registration to the Second International Congress.

FEES: **\$275**—For registrations postmarked by August 31, 1983
\$350—For registrations postmarked between September 1 and and November 9, 1983
\$225—For student registrations postmarked by August 31, 1983
\$300—For student registrations postmarked between September 1 and November 9, 1983

(A certifying letter from student's school or department indicating proof of full-time status as of Fall, 1983 is required.)

UPCOMING SEMINARS/WORKSHOPS

(NOTE: The Erickson Foundation lists Seminars as a service to newsletter subscribers. We cannot attest to the quality of training provided in these workshops.)

DATE	TITLE/LOCATION/LEADER	CONTACT
6/23-26	Ericksonian Psychotherapy & Family Therapy, Siena, Italy, Zeig ...	1
6/24-28	Ericksonian Hypnosis and Psychotherapy Intensive, Boulder, CO, Gilligan Carter	2
7/1-3	Ericksonian Hypnosis, Rome, Italy, Zeig	1
7/16-17	Ericksonian Hypnotherapy, Berkeley, CA, Lankton/Zeig	3
7/23	Paradox, Omaha, NE, O'Hanlon	4
7/30-31	Advanced Techniques of Ericksonian Hypnotherapy, Indianapolis, IN, Zeig	5
8/10-14	Advanced Ericksonian Hypnotherapy, Vancouver, BC, Gilligan/Carter	6
9/17-18	Ericksonian Hypnosis, Southfield, MI, Stern	7
9/20-25	Residential Supervision Workshop, Santa Cruz, CA, Gilligan/Carter	8
9/23,	Advanced Supervision, Boston, MA, S. Lankton	13
9/24-25	Principles & Approach, Boston, MA, S. Lankton	13
9/26-30	Ericksonian Intensive, Pensacola Beach, FL, Lanktons	9
9/30-10/2	Ericksonian Hypnosis and Therapy, Minneapolis, MN, Gilligan/Carter	10
10/5-10	Residential Ericksonian Hypnosis and Therapy, South Haven, MI, Gilligan/Carter	11
10/8-9	Resource Metaphors, St. Catharines, Ont., Lanktons	12
10/14,	Advanced Supervision	13
10/15-16	Diagnosis & Embedded Metaphor, Boston, MA, S. Lankton	13
10/28,	Advanced Supervision, Miami, FL, S. Lankton	14
10/29-30	Ericksonian Induction & Approach, Miami, FL, S. Lankton	14
10/29-30	Ericksonian Hypnosis, Southfield, MI, Stern	7
11/11,	Advanced Supervision	13
11/12-13	Strategic Use of Trance Phenomena	13
11/18,	Advanced Supervision, Miami, FL, S. Lankton	14
11/19-20	Multiple Embedded Metaphor, Miami, FL, S. Lankton	14
11/19-20	Ericksonian Hypnosis, Southfield, MI, Stern	7

CONTACT ADDRESSES

1. Camillo Lorio, Centro di Studi e di Ricerca per la Psicoterapia, Viale Regina Margherita 37 Rome, 00198, Italy
2. Toc Carncross, Alive, Inc., 7650 Teller St., Arvada, CO 80003, (303) 422-3344
3. Jesse Miller, Ph.D., 918 Hilldale Avenue, Berkeley, CA 94708
4. Therapeutic Learning Center, P.O. Box 164, Blair, NE 68008, (404) 426-9205
5. Larry Gindhart, Human Resource Seminars, 4836 Park Ave., Indianapolis, IN 46205, (317) 288-8731
6. Marilyn Atkinson, 2021 Columbia St., Vancouver, BC, V5Y 3C9, (604) 872-1185
7. Charles R. Stern, Ph.D., 20016 Stratford, Detroit, Michigan 48221, (313) 862-3584 and 526-6000 ext. 36
8. META Institute, P.O. Box 2591, La Jolla, CA 92038, (619) 454-5638
9. Carol Lankton, P.O. Box 958, Gulf Breeze, FL 32561, (904) 932-6819
10. Bruce Fisher, (612) 373-8175
11. Family Learning Center, 1513 Miami St., South Bend, IN 46613, (219) 232-1405
12. Gerald Fulton, (416) 685-0271
13. Dr. Reid Wilson, 300 Mount Auburn, Cambridge, MA 02138, (617) 864-9310
13. Ruth Knowles, Ph.D., Peers, Inc., 11840 S.W. 79th Ter., Miami, FL 33183, (305) 595-8989

BASIC, INTERMEDIATE & ADVANCED WORKSHOPS IN CLINICAL & SELF HYPNOSIS

As a result of several years planning and development of workshops for the professional, Associate Trainers in Clinical Hypnosis was formed in 1978 to meet the needs of the clinical practitioner. We have since trained thousands of professionals in the use of clinical hypnosis. Our faculty has been pleased to accept invitations from universities, local and regional agencies, hospitals and professional organizations including The American Orthopsychiatric Association, The American Psychological Association, The Family Service Association of America, The National Association of Social Workers, and The Society of Clinical Social Work Psychotherapists.

TUITION: Basic Workshop, \$160.00; Intermediate and Advanced Workshops, \$80.00 per day. Persons may enroll in the Basic, and/or Intermediate and/or Advanced workshops.

EARLY PAYMENT: Deduct 5% when full tuition is sent with application postmarked at least twenty-one days in advance of workshop.

STUDENTS: Deduct 20% when application is accompanied with verification of full time status in a college or university.

GROUP DISCOUNT: Deduct 10% when three or more register at the same time; 20% when six or more register at the same time.

DEPOSIT: A \$50.00 deposit will guarantee reservations.

TAX DEDUCTION: An income tax deduction is allowed for educational expenses (including tuition, travel, meals and lodging) undertaken to maintain and improve professional skills. (See Treasury Regulation 1.162-5).

CANCELLATION POLICY: Deposits and fees are refundable in full less a \$25.00 service fee when request for refund is made at least fourteen days in advance of workshop; thereafter balances will be applied to any other workshop within twelve months.

CERTIFICATE: Upon completion.

CONTINUING EDUCATION UNITS: Approved NY NASW et al.

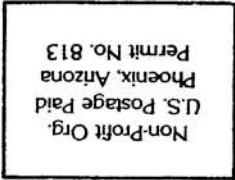
SPECIAL PROGRAMS: We invite inquiries for basic/advanced workshops on a contractual basis to agencies, schools and hospitals. Weekly individual/group supervision and consultation available in Nassau Co., NY and New York City.

REGISTRATION: Application should include name, degree, address, home and office telephone, workshop location and date(s). Mail to: **Anthony Gaito, ACSW, Director; ASSOCIATE TRAINERS IN CLINICAL HYPNOSIS: 26 Cedar St.; Syosset, NY 11791; (516) 364-0160.**

OBJECTIVES: To develop competency in the application of hypnosis and hypnotic approaches to professional practice. **PROGRAM:** Theoretical and practical considerations including demonstration, supervised instruction and practice in a workshop program that averages nineteen participants. Ample time is available during discussion periods and the supervised practicum to address the specific concerns of the participants. Workshops are designed so that participants can immediately follow their basic training with the intermediate and advanced workshops. **ELIGIBILITY:** Open to health, mental health and related professionals with at least a masters degree from an accredited institution and to graduate students enrolled therein.

LOCATION	BASIC	INTERMEDIATE	ADVANCED
Miami, FL Marco Polo	Aug. 5, 6	Aug. 7	Aug. 8
Orlando, FL Ramada Resort (Kissimmee at Disney World)	Aug. 12, 13	Aug. 14	Aug. 15
New York City, NY Doral Inn	Aug. 26, 27	Aug. 28	Aug. 29
Cleveland, OH Marriott Airport	Sep. 23, 24	Sep. 25	Sep. 26
New Orleans, LA Monteleone	Sep. 23, 24	Sep. 25	Sep. 26
Dallas, TX Dunfey	Sep. 23, 24	Sep. 25	Sep. 26
Lexington, KY Hyatt Regency	Sept. 23, 24	Sep. 25	Sep. 26
Atlanta, GA Atlanta American	Oct. 7, 8	Oct. 9	Oct. 10
Minneapolis, MN Marquette	Oct. 7, 8	Oct. 9	Oct. 10
Portland, ME BW Executive	Oct. 7, 8	Oct. 9	Oct. 10
Norfolk, VA Holiday Inn Scope	Oct. 14, 15	Oct. 16	Oct. 17
Albany, NY Ramada	Oct. 14, 15	Oct. 16	Oct. 17
Spokane, WA Ridpath	Oct. 21, 22	Oct. 23	Oct. 24
Washington, D.C. Stouffer's Nat'l Ctr	Oct. 21, 22	Oct. 23	Oct. 24
Memphis, TN Airport Hilton	Oct. 28, 29	Oct. 30	Oct. 31
St. Louis, MO Mayfair Hotel	Oct. 28, 29	Oct. 30	Oct. 31
Boston, MA Lenox	Nov. 4, 5	Nov. 6	Nov. 7
Peoria, IL Mayfair Hotel	Oct. 28, 29	Oct. 30	Oct. 31
Charlotte, NC Sheraton Center	Nov. 11, 12	Nov. 13	Nov. 14
Garden City, NY Adelphi Univ.	Nov. 11, 12	Nov. 13	Nov. 14
Omaha, NE Regency West	Nov. 11, 12	Nov. 13	Nov. 14
Rochester, NY	Special Workshop (see brochure)		
Savannah, GA Downtowner	Nov. 18, 19	Nov. 20	Nov. 21
New York City, NY Doral Inn	Feb. 24, 25	Feb. 26	Feb. 27

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The Milton H. Erickson Foundation, Inc.

NEWSLETTER

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