



The Milton H. Erickson Foundation, Inc. NEWSLETTER

The Milton H. Erickson Foundation, Inc.
3606 North 24th Street
Phoenix, Arizona 85016
U.S.A.
Telephone: (602) 956-6196

Volume 2, Number 4

Winter, 1982

EDITOR'S NOTES

These notes are being written after the conclusion of the Erickson Foundation Seminar in Dallas. As usual, it has been a busy time for the Foundation staff. I'd like to take this opportunity to acknowledge Jeff Zeig, Sherron Peters and all the Foundation staff and Directors for the contributions they have made.

Business Matters: Closing date for submissions to the next issue (*Spring, 1983*) is February 20, 1983. Materials for inclusion should be sent to me at Box 164, Blair, NE 68008. All business and money matters should be handled through the Foundation's offices in Phoenix. Workshops to be announced should be accompanied by brochures to verify that the minimum standard for eligibility to the workshops is met. That standard requires a minimum of a master's degree or higher in a clinical program (*or a student in a program leading to such a degree*). A donation of \$10.00 is requested for each announcement. Display ads are available and rates can be obtained from the Foundation's office in Phoenix.

Bill O'Hanlon

ERICKSON ARCHIVES

The Erickson Foundation wishes to thank Dr. Val Stein of Flagstaff, Arizona for allowing us to copy her collection of audiotapes of her training with Dr. Erickson in 1978. These tapes as well as numerous hours of audio and videotapes are available for in-house use to therapists and students who have at least a master's degree in a mental health related field from an accredited institution. Full-time master's level students in mental health related fields and who provide certifying letters from their university are also welcome to use the Archives.

The fee for using the Archives is \$5.00 per hour. **No taping is permitted.**

The Erickson Foundation would greatly appreciate the donation of any audio or videotapes or original memorabilia from Dr. Erickson. If the donor wishes us to return original copies, the Foundation will pay duplicating costs for donated material.

The Foundation is pleased that the Archives has been used so much during the last few months. Those wishing to use the Archives should call or write to the Erickson Foundation in advance to reserve time.

Thank you for your continuing interest and cooperation.

Barbara B. La Raia, Archivist

Donations to the Erickson Archives

The Erickson Foundation is proud to announce that Andre Weitzenhoffer,

INTERNATIONAL CONGRESS ON ERICKSONIAN APPROACHES TO HYPNOSIS AND PSYCHOTHERAPY

Newsletter subscribers will find enclosed a brochure announcing the International Congress on Ericksonian Approaches to Hypnosis and Psychotherapy to be held November 30 - December 4, 1983, in Phoenix, Arizona. The meeting is sponsored by the Arizona State Hospital, the Department of Psychology, Arizona State University, and the Phoenix Society of Clinical Hypnosis. The keynote speakers for the meeting are Jay Haley and Ernest Rossi. Invited addresses will be presented by Paul Watzlawick and Cloe Madanes. Members of the Erickson family will offer a special panel. The faculty of the meeting will be comprised of almost 100 people. The program is approved for AMA Category One Continuing Education Credits. Other continuing education credits will be applied for.

Please inform your friends and colleagues about the meeting. Additional programs will be sent upon request.

Please note that there is a substantial discount for early registration. Register at your earliest convenience. Interest in the meeting is high. At the December Seminar on Ericksonian Approaches to Hypnosis and Psychotherapy held in Dallas, many registrations were subscribed for the International Congress. We are very gratified to report that 97 people already paid their registration fees for the December 1983 meeting.

Register by phone: (*Only if you use MasterCard or VISA*) Call in all information on the registration card including your credit card number and expiration date to the Milton H. Erickson Foundation, (602) 956-6196.

Ph.D., is donating his collection of audiotapes of his years of discussion with Milton H. Erickson. Jeffrey Zeig, Ph.D., has also donated his entire collection of audio and videotapes to the Erickson Foundation. These tapes will be made available to students for independent study at the Foundation.

Lost Film of Erickson

In 1958, a film was made of Milton Erickson conducting an induction of

hypnosis. We believe that the film was made under the auspices of Ernest Hilgard at Stanford University. In the film, Erickson worked with a male subject. The counterpart to this film, the induction with Ruth, was reported in *Experiencing Hypnosis* by Erickson and Rossi and is available through Irvington Publishers. The Erickson Foundation would like to locate this film. If anyone is aware of its existence, please contact our office.

NOTES FROM THE FOUNDATION

Donations totalling \$2,385.00 were received since the last issue of the Newsletter. The Erickson Foundation would like to thank the following people for their support:

Donations since September 1, 1982

Anthony Gaito, ACSW; Dennis Jacobson, MSW; Milton Erickson Institute, New Mexico; Jurgen Hargens (*W. Germany*); Koozma J. Tarasoff, M.A. (*Canada*); Discoveries Counseling Center, (*Richard S. Shane*); Victoria Bruner, MSW & Judy Rinehart, ACSW; Charles A. Faulkner; Jay Carby, Ph.D.; Brent B. Geary, M.S.; Jack H. Bloom, Ph.D., (*NLP Ctr of CT*); Finn Kunze, MSW; Carroll A. Donaldson, M.A.; Joe Ann Cain, M.A.; Stephen K. Marcus, Ph.D.; Don T. DeCoster, Ph.D.; Martin Van Overloop (*Holland*); Duane R. McDonald; S.S.G.T. W.S. Kelly; Dr. Brian S. Pound (*Canada*); Michael Buls, M.A.; Stephen G. Gilligan; Robert E. Sager, M.D. & Mrs. Deanna Sager, MSC; Dorothy Leichner, M.A.; Capt. T.R. Fielding; Nora Jewett, M.A.; Betsy Eller, M.A.; Paul J. Brown; Ronald Soderquist, (*Family Counseling Ctr of the Oaks*); Herbert S. Lustig, M.D., (*London Workshop for Ericksonian Psychotherapists*); Kenneth D. Johnson, M.S.; Diane Forgione, MSW; Steven Schiff; Gunter Waldeck, M.D. (*Switzerland*); Don Malon, Ph.D. & Donna Spencer, MSW, (*Marriage & Family Institute*); Sanford R. Landa; Joan Stanley; Phillip R. Hill, M.D.; L. Michael Sherrod, Ph.D.; Paul T. Killpatrick, M.S.; and Michael F. Vogel, M.S.Ed.

A very special thank you goes to Bertha Erickson Gallun of Forest Hills, New York, for her generous donation to the Erickson Foundation. Mrs. Gallun is now a patron of the Erickson Foundation. In honor of her contribution, her name will be inscribed on a special plaque displayed at the Foundation.

PATRONS OF THE FOUNDATION

A plaque was installed at the Milton Erickson Foundation. Listed on the plaque are people who donated \$1,000 or more to the Erickson Foundation. The inscription on the plaque reads: "The patrons of The Milton H. Erickson Foundation, Inc., in appreciation for their support." The patrons of the Erickson Foundation are: Shirley Bliss, U.S. Foreign Service, January, 1982; Sultan Zamzami, Mecca, Saudi Arabia, May, 1982; Anthony Gaito, Associate Trainers in Clinical Hypnosis, Syosset, New York, May, 1982; Elizabeth M. Erickson, Phoenix, Arizona, August 1982; and Bertha Erickson Gallun, Forest Hills, New York, December, 1982.

INTERNATIONAL WORKSHOPS

Bill O'Hanlon, M.S. will be presenting a series of workshops in England between April 15 and May 9, 1983. If anyone in the British Isles is interested in arranging for in-house training, consultation or supervision, or in sponsoring trainings outside England, please contact Jim Wilk, M.A., M.Sc., Coordinator, The London Workshop for Ericksonian Psychotherapists, 43 Sandycumbe Road, St. Margaret's,

Twickenham, Middlesex, TW1 2LR, England, Tel: 891-0280.

May 16-28, 1983, advanced training seminar on Ericksonian Hypnotherapy, Fuchl am See, Austria (near Salzburg), Jeff Zeig, Stephen Lankton, Carol Lankton, Hans-Ulrich Schachtner, Peter Nemetschek. For information, contact Bert Hellinger, Heubergstrasse 26, D-8229 Ainring, 1 Mitterfelden, West Germany; tel: (0 86 54) 88 79.

VIDEO CASSETTES AVAILABLE FOR SALE

FROM
THE 1982 SEMINAR ON ERICKSONIAN
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AVAILABLE 1-HOUR DEMONSTRATIONS

- Joe Barber, Ph.D.—UTILIZING HYPNOSIS IN PSYCHOTHERAPY
- Richard Fisch, M.D.—THE INITIAL INTERVIEW IN BRIEF PSYCHOTHERAPY
- Stephen Gilligan, Ph.D. cand.—ACCESSING UNCONSCIOUS PROCESSES
- Stephen Lankton, A.C.S.W. and Carol Lankton, M.A.—A DUAL INDUCTION USING DISSOCIATION
- Marion Moore, M.D.—THE CONSTRUCTIVE USE OF HYPNOTIC PHENOMENA
- Robert E. Pearson, M.D.—ERICKSONIAN INDUCTION METHODS
- Bertha Rodger, M.D.—A CONVERSATIONAL INDUCTION WITH FIXATION ON IDEAS
- Sidney Rosen, M.D.—A QUICK UTILIZATION APPROACH TO HYPNOTIC INDUCTIONS
- Ernest Rossi, Ph.D.—A FAIL SAFE DOUBLE BIND APPROACH TO HYPNOTIC INDUCTION
- Kay Thompson, D.D.S.—A CONVERSATIONAL INDUCTION AND THE UTILIZATION OF SPONTANEOUS TRANCE
- Richard Van Dyck, M.D.—ACCEPTING THE SUBJECT'S COGNITIONS AS A BASIS FOR THERAPY
- Jeffrey K. Zeig, Ph.D.—THE EFFECTIVE UTILIZATION OF MULTILEVEL COMMUNICATION

AVAILABLE FORMATS:

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½" Beta or VHS	\$100	200	300	400	475	570	665	760	855	925	1018	1110
¾" U-Matic	\$110	220	330	440	525	630	735	840	945	1025	1128	1230

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Ordering instructions: After circling tapes desired, checking the format required for playback on your equipment, and completing the order form, please mail to the Milton H. Erickson Foundation, Inc., 3606 North 24th Street, Phoenix, Arizona 85016. You may expect delivery within three weeks.

Video cassettes in both PAL and SECAM systems are available upon request at extra charge. Payment must be in U.S. dollars.

BASIC, INTERMEDIATE & ADVANCED WORKSHOPS IN CLINICAL & SELF HYPNOSIS

As a result of several years planning and development of workshops for the professional, Associate Trainers in Clinical Hypnosis was formed in 1978 to meet the needs of the clinical practitioner. We have since trained thousands of professionals in the use of clinical hypnosis. Our faculty has been pleased to accept invitations from universities, local and regional agencies, hospitals and professional organizations including The American Orthopsychiatric Association, The American Psychological Association, The Family Service Association of America, The National Association of Social Workers, and The Society of Clinical Social Work Psychotherapists.

OBJECTIVES: To develop competency in the application of hypnosis and hypnotic approaches to professional practice. **PROGRAM:** Theoretical and practical considerations including demonstration, supervised instruction and practice in a workshop program that averages nineteen participants. Ample time is available during discussion periods and the supervised practicum to address the specific concerns of the participants. Workshops are designed so that participants can immediately follow their basic training with the intermediate and advanced workshops. **ELIGIBILITY:** Open to graduate students and professionals in the allied health and education services.

BASIC WORKSHOP OUTLINE FIRST DAY:

Orientation
Facilitating rapport
Pacing and leading techniques
Myths and realities of hypnosis
Indications and contraindications
Demonstration of relaxation techniques
Demonstration of traditional induction
Deepening methods
Introduction to hypnotic phenomena
Supervised practicum
Discussion

BASIC WORKSHOP OUTLINE SECOND DAY:

Ericksonian approaches to hypnosis and therapy
Demonstration of indirect and naturalistic methods of induction
Self hypnosis
Utilization of trance
The use of hypnosis in individual, group marital and family therapy, including applications to such issues as smoking, weight control, pediatrics, stuttering, sexual dysfunction, phobias and ego strengthening, insomnia, pain control, drug and alcohol abuse
Group hypnosis
Supervised practicum
Case discussion

INTERMEDIATE WORKSHOP OUTLINE:

Prerequisite: The Basic Workshop or its equivalent
Ericksonian approaches to hypnosis and therapy (continued)
The structure of the therapeutic trance
Demonstration of non verbal inductions
Use of confusion techniques
Management of the resistant client
Demonstration of dissociation & related phenomena within the therapeutic approach
Reframing
Supervised practicum
Case discussion from the participant's practice

ADVANCED WORKSHOP OUTLINE:

Prerequisite: The Intermediate Workshop or its equivalent
Strategic hypnosis
Use of hypnosis in pain control and pediatrics
Utilization of various hypnotic phenomena such as: time distortion, regression and progression, amnesia and catalepsy to therapeutic outcome
Paradox
Utilization of deep trance
Metaphor as communication
Case seminar from the participant's practice
Videotape presentation of Erickson's work from the 1950's and the 1970's (optional)
Supervised practicum
Discussion

TUITION: Basic Workshop, \$160.00; Intermediate and Advanced Workshops, \$80.00 per day. Persons may enroll in the Basic, and/or Intermediate and/or Advanced workshops

EARLY PAYMENT: Deduct 5% when full tuition is sent with application postmarked at least twenty-one days in advance of workshop.

STUDENTS: Deduct 20% when application is accompanied with verification of full time status in a college or university.

GROUP DISCOUNT: Deduct 10% when three or more register at the same time; 20% when six or more register at the same time.

DEPOSIT: A \$50.00 deposit will guarantee reservations.

TAX DEDUCTION: An income tax deduction is allowed for educational expenses (including tuition, travel, meals and lodging) undertaken to maintain and improve professional skills. (See Treasury Regulation 1.162-5).

CANCELLATION POLICY: Deposits and fees are refundable in full less a \$25.00 service fee when request for refund is made at least fourteen days in advance of workshop; thereafter balances will be applied to any other workshop within twelve months.

CERTIFICATE: Upon completion.

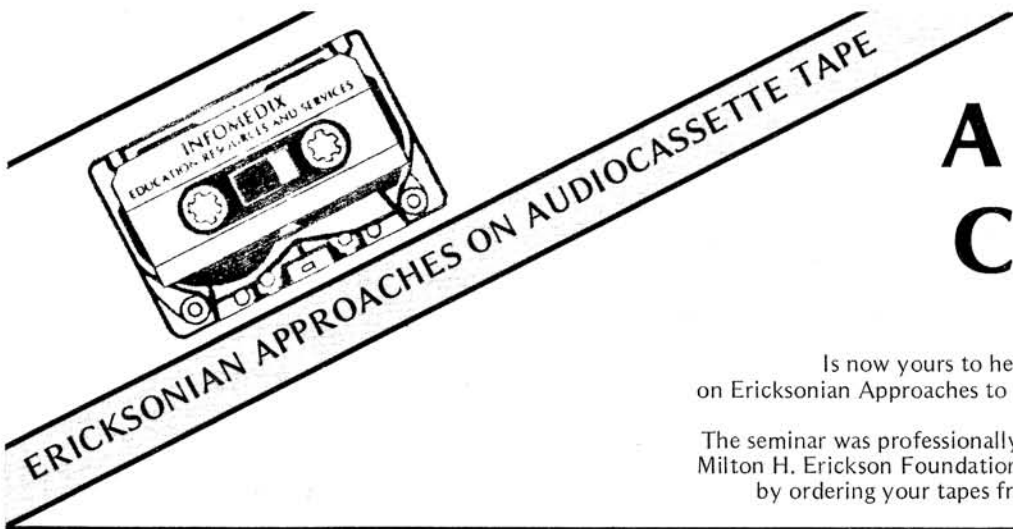
CONTINUING EDUCATION UNITS: Approved NY NASW et al.

SPECIAL PROGRAMS: We invite inquiries for basic/advanced workshops on a contractual basis to agencies, schools and hospitals. Weekly individual/group supervision and consultation available in Nassau Co., NY and New York City.

LOCATION	BASIC WORKSHOP SCHEDULE 1983	INTERMEDIATE WORKSHOP SCHEDULE 1983	ADVANCED WORKSHOP SCHEDULE 1983
Nashville, TN Radisson	Feb. 18, 19	Feb. 20	Feb. 21
St. Louis, MO Mayfair	Feb. 18, 19	Feb. 20	Feb. 21
New York City, NY Doral Inn	Feb. 25, 26	Feb. 27	Feb. 28
Houston, TX	Special Workshop	See Brochure	
Richmond, VA Holiday Inn (Downtown)	Mar. 4, 5	Mar. 6	Mar. 7
Greensboro, NC, Holiday Inn Four Seasons	Mar. 11, 12	Mar. 13	Mar. 14
Fort Wayne, IN Crosier Center	Mar. 11, 12	Mar. 13	Mar. 14
Boston, MA Lenox Hotel	Mar. 18, 19	Mar. 20	Mar. 21
Huntington, WV Holiday Inn Gateway	Apr. 15, 16	Apr. 17	Apr. 18
Rochester, NY Holiday Inn Airport	Apr. 15, 16	Apr. 17	Apr. 18
Philadelphia, PA Holiday Inn Univ City	Apr. 22, 23	Apr. 24	Apr. 25
Springfield, IL Hilton	Apr. 22, 23	Apr. 24	Apr. 25
Portland, OR Sheraton Inn Airport	Apr. 29, 30	May 1	May 2
Jackson, MS Holiday Inn Convention Ctr	Apr. 29, 30	May 1	May 2
San Antonio, TX Manger	May 13, 14	May 15	May 16
Pittsburgh, PA B/W Pkway Ctr	May 13, 14	May 15	May 16
Kansas City, MO Marriott	May 13, 14	May 15	May 16
East Hartford, CT Ramada	May 20, 21	May 22	May 23
Milwaukee, WI Marc Plaza	May 27, 28	May 29	May 30
Baltimore, MD	Jun. 3, 4	Jun. 5	Jun. 6
Columbus, OH	Jun. 3, 4	Jun. 5	Jun. 6
Anchorage, AK	Jun. 3, 4	Jun. 5	Jun. 6
San Francisco, CA San Franciscan	Jun. 20, 21	Jun. 22	Jun. 23
Denver, CO	To be announced		
Detroit, MI	To be announced		
Orlando, FL	To be announced		
New Orleans, LA	To be announced		

REGISTRATION: Application should include name, degree, address, home and office telephone, workshop location and date(s). Mail to:

Anthony Gaito, ACSW, Director
ASSOCIATE TRAINERS IN CLINICAL HYPNOSIS
26 Cedar St., Syosset, NY 11791
(516) 364-0160



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HALF-DAY WORKSHOPS

- NO. 1AB
\$18.00 Freedom of Choice,
B. Rodger, (2 tps.)
- NO. 2AB
\$18.00 The Training Process For Becoming an
Ericksonian Hypnotherapist, S. Gilligan (2 tps.)
- NO. 3AB
\$18.00 The Strategic Use of Trance Phenomena,
S. Lankton, C. Lankton (2 tps.)
- NO. 4AB
\$18.00 Introduction to Ericksonian Hypnosis,
J. Zeig (2 tps.)
- NO. 5AB
\$18.00 Learning To Utilize Autohypnosis,
K. Thompson (2 tps.)
- NO. 7AB
\$18.00 Demonstrations, S. Rosen, M. Moore, R.
Pearson (2 tps.)
- NO. 20AB
\$18.00 Preparing Patients For Medical and Dental
Procedures M. Moore (2 tps.)
- NO. 21AB
\$18.00 The Ultradian Theory of Hypnosis,
E. Rossi (2 tps.)
- NO. 22AB
\$18.00 The Naturalistic Approach To Hypnosis,
J. Barber (2 tps.)
- NO. 23AB
\$18.00 Helping People With Pain,
R. Pearson (2 tps.)
- NO. 24AB
\$18.00 Erickson Annotated: Disentangling The Yarn,
E. Goodman, A. Griffin (2 tps.)
- NO. 25AB
\$18.00 Non-Clinical Application of Brief "Therapy",
R. Fisch (2 tps.)
- NO. 26AB
\$18.00 Demonstrations, K. Thompson, R. Van Dyck,
B. Rodger (2 tps.)
- NO. 27AB
\$18.00 Self Hypnosis For Therapists,
S. Rosen (2 tps.)

FULL-DAY WORKSHOPS

- NO. 14ABCD
\$36.00 The Unconscious As the Major Agent of
Change, S. Gilligan (4 tps.)
- NO. 15ABCD
\$36.00 A Theory and Technique of Brief
Psychotherapy, R. Fisch (4 tps.)
- NO. 16ABCD
\$36.00 Ericksonian Hypnotherapy-Simplified,
S. Rosen (4 tps.)
- NO. 17ABCD
\$36.00 Language of Hypnosis,
K. Thompson (4 tps.)
- NO. 18ABCDE
\$40.00 Naturalistic Techniques,
R. Pearson (5 tps.)

- NO. 34ABC
\$27.00 Ericksonian Approaches In Family Therapy,
J. Zeig (3 tps.)
- NO. 36ABC
\$27.00 A Sympton-Oriented Approach to
Hypnotherapy, R. Van Dyck (3 tps.)
- NO. 37ABCD
\$36.00 Multiple-Embedded Metaphor and Generative
Change, S. Lankton, C. Lankton (4 tps.)
- NO. 38ABCD
\$36.00 The Use of Paradox,
B. Hanlon (4 tps.)
- NO. 39ABC
\$27.00 The Management of Chronic Pain
J. Barber (3 tps.)

NO. 40
\$8.00 Erickson's Professional Life, A Conversation
Hour With Members of the Erickson Family.

DEMONSTRATIONS

- NO. 11
\$9.00 A Fail Safe Double Bind Approach to Hypnotic
Inductions, E. Rossi
- NO. 12
\$9.00 A Dual Induction Using Dissociation,
S. Lankton, C. Lankton
- NO. 13
\$9.00 The Effective Utilization of Multilevel
Communication, J. Zeig
- NO. 31
\$9.00 Utilizing Hypnosis in Psychotherapy,
J. Barber
- NO. 32
\$9.00 Accessing Unconscious Processes,
S. Gilligan
- NO. 33
\$9.00 The Initial Interview in Brief Psychotherapy,
R. Fisch

PANELS

- NO. 8
\$9.00 Ericksonian Approaches To Induction,
S. Rosen, S. Lankton, C. Lankton, B. O'Hanlon
- NO. 9
\$9.00 Hypnosis & Psychotherapy
S. Gilligan, R. Pearson, R. Van Dyck
- NO. 10
\$9.00 Autohypnosis
E. Rossi, R. Rodger, K. Thompson
- NO. 28
\$9.00 Resistance,
R. Fisch, S. Gilligan, M. Moore
- NO. 29
\$9.00 Using Anecdotes,
E. Rossi, M. Moore, S. Rosen
- NO. 30
\$9.00 Pain Control,
J. Barber, S. Lankton, S. Gilligan

DISCOUNTS

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COUNT "AB" AS TWO TAPES, "ABC" AS THREE, etc.

Presentations are available as individual tape copies at the rate of \$9.00 per 90 minute cassette. Mail orders must include \$1.00 for the first tape and \$.50 for each additional tape for postage and handling charges, up to a maximum of \$5.00. (Count 'A' as one tape; 'B' as second, etc.) All mail orders must be accompanied by payment in full. Please allow three to four weeks for delivery.

All InfoMedix tapes are guaranteed for one year from the date of purchase. Please return defective tapes for replacement.

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UPCOMING SEMINARS/WORKSHOPS

(NOTE: The Erickson Foundation lists Seminars as a service to newsletter subscribers. We cannot attest to the quality of training provided in these workshops.)

DATE	TITLE/LOCATION/LEADER	CONTACT
1/13-15/83	Ericksonian Hypnosis and Therapy, Los Angeles, CA, Lanktons	1
1/14-15	Introduction to Hypnosis, Albuquerque, NM, Grodner/Katz/Weisz	2
1/16-18	Ericksonian Hypnosis and Therapy, San Francisco, CA, Lanktons	1
1/19-23	Clinical Hypnotherapy, Santa Cruz, CA, Ross/Lehrer	3
1/21-24	Clinical Hypnosis, Atlanta, GA, ATCH	4
1/21-24	Clinical Hypnosis, Detroit, MI, ATCH	4
1/21-24	Clinical Hypnosis, Cincinnati, OH, ATCH	4
1/28-29	Ericksonian Psychotherapy, Charlotte, NC, Lanktons	5
1/29	Ericksonian Therapy: Generic Patterns, Omaha, NE, O'Hanlon	6
2/2-5	Clinical Hypnosis, Salt Lake City, UT, ATCH	4
2/4-7	Clinical Hypnosis, Oklahoma City, OK, ATCH	4
2/11-12	Intermediate Hypnosis, Albuquerque, NM, Grodner/Katz/Weisz	2
2/11-13	Diagnosis and Treatment, Boston, MA, Lanktons	7
2/16-18	Ericksonian Hypnotherapy, Philadelphia, PA, J. Zeig	9
2/17-18	Refresher on Ericksonian Hypnosis, Denver, CO, Lanktons	8
2/19-20	Ericksonian Hypnosis, Omaha, NE, O'Hanlon	6
2/19-22	Advanced Applications of Ericksonian Therapy, Denver, CO Lanktons	8
2/26-27	The Answer Within, Cincinnati, OH, Lanktons	9
3/4-5	Advanced Hypnosis, Albuquerque, NM, Grodner/Katz/Weisz	2
3/11-13	Indirect Suggestion, Paradox and Binds, Boston, MA, Lanktons	7
3/12	Strategic Pattern Intervention, Anchorage, AK, O'Hanlon	6
3/13	Ericksonian Therapy: Generic Patterns, Anchorage, AK, O'Hanlon	6
3/16	The Process of Ericksonian Therapy, Chicago, IL, J. Zeig	10
3/16-20	Ericksonian Therapy Intensive, Pensacola Beach, FL, Lanktons	13
3/19-20	Strategic Pattern Intervention, Omaha, NE, O'Hanlon	6
3/21	Ericksonian Psychotherapy, Oakland, CA, J. Zeig	11
3/26	Dialogue with Theorist, Great Neck, NY, Lanktons	14
4/8-10	Utilization of Trance Phenomena, Boston, MA, Lanktons	7
4/15-16	Introductory Hypnosis, Albuquerque, NM, Grodner/Katz/Weisz	2
4/23-24	Erickson Therapy and Hypnosis, Hot Springs, AR, Lanktons	15
5/26-28	Ericksonian Hypnotherapy, Geneva, Switzerland, J. Zeig	16

CONTACT ADDRESSES FOR UPCOMING SEMINARS/WORKSHOPS

1. Ron Soderquist, 141 Duesenberg Dr., Suite 9, Westlake Village, CA 91362, (805) 495-4226
2. Milton Erickson Institute of New Mexico, 824 Gold SW, Albuquerque, NM 87102, (505) 242-2998
3. Medical Hypnosis Seminars, 4546 Glenwood Dr., Santa Cruz, CA 95066, (408) 353-1928
4. Associate Trainers in Clinical Hypnosis, 26 Cedar St., Syosset, NY 11791, (516) 264-0160
5. Bob Singeltary, (704) 331-3120
6. Therapeutic Learning Center, Box 164, Blair, NE 68008, (402) 426-9205
7. Reid Wilson, Suite 517, 300 Mt. Auburn St., Cambridge, MA 02138, (617) 864-9310
8. Phyllis Wotly, (303) 423-1990
9. Philadelphia Child Guidance Clinic, Two Childrens Center, 34th Street & Civic Center, Philadelphia, PA 19104, (215) 243-3774
10. The Ninth Annual Francis J. Gerty Lecture Series, Riveredge Hospital, 8311 W. Roosevelt Rd., Forest Park, IL 60130, (312) 771-7000
11. Jesse Miller, Ph.D., Northern California Society of Clinical Hypnosis, 918 Hillside Avenue, Berkeley, CA 94708, (415) 526-3758
12. Cincinnati Society of Clinical Hypnosis, Dr. William Russ, (513) 231-5043
13. Carol Lankton, P.O. Box 958, Gulf Breeze, FL 32561, (904) 932-6819
14. The Canterbury Group, (516) 829-6920
15. Dr. Waterman, (501) 624-7111
16. Hanna Hyams, 18b Chemin David-Munier, 1224 Geneva, Switzerland

ERICKSON FOUNDATION AWARDS TWO SCHOLARSHIPS

We are proud to announce that the Milton H. Erickson Foundation has selected two recipients for its scholarship award.

The first place award of \$1,000 (donated by Anthony Gaito of Associate Trainers in Clinical Hypnosis) went to John H. Edgette, who is in a doctoral level clinical psychology program at Hahnemann Medical College in Philadelphia, PA. The second place award of \$500 (donated by Elizabeth M. Erickson) went to John Cranfill, who is in a doctoral program in Psychological Anthropology at the University of Chicago. Mr. Edgette and Mr. Cranfill have outstanding scholastic achievements and have both demonstrated interest in, and utilization of, Dr. Erickson's techniques.

Once again, the Erickson Foundation would like to thank Anthony Gaito of Associate Trainers in Clinical Hypnosis for donating \$1,000 for the scholarship award.

A special thank you goes to Mrs. Erickson for donating \$500 for the second place scholarship award.

1982 DALLAS SEMINAR

The 1982 Seminar on Ericksonian Approaches to Hypnosis and Psychotherapy held December 2-5, 1982 in Dallas, Texas, was a resounding success. Total attendance was over 375 people. The attendee evaluations indicate that registrants were pleased with the content of the meeting; the ratings for the workshops were consistently the highest that have been recorded for any previous Erickson Foundation event.

The Board of Directors of the Erickson Foundation would like to express their appreciation to the faculty for their excellent presentations. The faculty for the meeting included: Joseph Barber, Ph.D.; Richard Fisch, M.D.; Stephen Gilligan, Ph.D. cand.; Edward D. Goodman, Ph.D., Alan Griffin, Ph.D., Stephen Lankton, ACSW; Carol Lankton, M.A.; Marion Moore, M.D.; Bill O'Hanlon, M.S.; Robert E. Pearson, M.D.; Bertha Rodger, M.D.; Sidney Rosen, M.D.; Ernest Rossi, Ph.D.; Kay Thompson, D.D.S.; Richard Van Dyck, M.D.; and Jeffrey K. Zeig, Ph.D.

A special thank you goes to Roxanna Erickson Klein who handled the local arrangements. Additionally, we want to

*Best Wishes
for the Holidays
from the
Erickson Foundation*

express special appreciation for the fine work of our staff, Mildred Pardee and Barbara Bellamy.

Twenty-one students served as volunteers at the meeting. We were very pleased with their fine efforts. The volunteers for the meeting were: David Barnett; Melanie Bryan; Lonol R. Bryant; Denis Carville; Robert C. Casas; Bob E. Chaney; Barry R. Erdman; Paul Fatell; Jerald M. Gottlieb; Gail R. Goza; Brenda I. Hawkins; Jan Henley; Jim Hudson; Randy Hunter; Carol A. May; C.H. Prihoda, Jr.; Gail Ramynke; Dennis Sullivan; Gregory W. Theurer; Roger H. White, Jr.; and Bettye Whitney.

A THREE-DAY WORKSHOP WITH JEFFREY K. ZEIG, Ph.D.

January 21-23, 1983 — Phoenix, Arizona

TRAINING IN ERICKSONIAN HYPNOTHERAPY

All proceeds will go to The Milton H. Erickson Foundation, Inc.

This workshop focuses on how a trance state is achieved, and includes definition of the necessary elements of a trance induction, description of the characteristics of each element, and instruction on how to elicit trance behavior and phenomena. An individual's responsiveness can be determined through the application of a unique set of Ericksonian diagnostic criteria which are based on the styles and values of the person. Induction language can be tailored so that the elements necessary to induce a trance are developed in the most appropriate and efficient way for each individual.

Although the workshop centers on Ericksonian principles of induction, some instruction will be provided on basic principles of utilization. The techniques taught will include indirect forms of induction language such as interspersal technique, confusion, symbolic communication and use of anecdotes. Therapeutic applications with pain control patients will be covered.

The workshop consists of lecture, experiential exercises, practice sessions, live demonstrations, and observation and discussion of videotapes of Milton H. Erickson, M.D.

Enrollment is restricted to professionals with graduate degrees in health related fields (e.g., M.D., D.D.S., Ph.D., M.S.W., M.A., etc.) or graduate students in these fields. All registrants will receive a list of program objectives as well as hotel accommodation information.

REGISTRATION

NAME: _____ DEGREE: _____

ADDRESS: _____ TELEPHONE: _____

CITY/STATE: _____ ZIP: _____

PROFESSION: _____

MasterCharge/VISA No. _____ Expiration Date: _____

To reserve your place, mail this completed form with fee to Jeffrey K. Zeig, Ph.D., The Milton H. Erickson Foundation, 3606 North 24th Street, Phoenix, AZ 85016. Telephone: 956-6196.

FEES: \$145.00 for the three-day program; \$100.00 for graduate students in accredited programs. (A certifying letter from your school or department indicating proof of full-time status is required.)

PLACE: Hyatt Regency Phoenix, 122 West 2nd Street, Phoenix, AZ 85004, (602) 257-1110. Special arrangements for hotel accommodations have been made with the Hyatt Regency. A hotel form automatically will be sent to people who remit registration fees. If you call the Hyatt Regency for reservations, indicate that you are attending the meeting of the Milton H. Erickson Foundation so that you can take advantage of the special rate.)

NOTICE

At the December Board meeting of the Milton H. Erickson Foundation, it was found that Stephen Gilligan did not meet some of the professional standards established by the Erickson Foundation. Therefore, Mr. Gilligan will not be a Scholar-in-Residence at the Erickson Foundation this winter. We deeply regret any inconvenience caused by this decision.

Recognizing that Mr. Gilligan is gifted, it is our hope that the situation with Mr. Gilligan will be remedied and that there can be close collaboration and affiliation between Mr. Gilligan and the Erickson Foundation in the future.

As Stephen Gilligan will not be in Phoenix, Arizona to conduct training programs through the Erickson Foundation in the winter of 1983, Jeffrey K. Zeig, Ph.D., Director of the Milton H. Erickson Foundation, will conduct the winter training programs alone. In place of Stephen Gilligan, Dr. Zeig will present a workshop on Ericksonian Hypnototherapy, January 21-23, 1983. Information on that workshop is contained herein. Additionally, if there is sufficient interest, Dr. Zeig will conduct ongoing training programs for mental health professionals.

Board of Directors
The Milton H. Erickson Foundation, Inc.

VIDEOTAPE OF MILTON H. ERICKSON, M.D. AVAILABLE FOR PURCHASE

Discussant: Jeffrey K. Zeig, Ph.D.

This is a training videotape for the advanced practitioner of hypnosis. The subject of the presentation is symbolic hypnotherapy. The program consists of two parts: The first part is a 40 minute lecture by Jeffrey K. Zeig, Ph.D. on the use of symbols in psychotherapy and hypnotherapy. The second part is a discussion of a videotape of an induction that Milton Erickson conducted at a teaching seminar in his home in February, 1979. The Erickson videotape is previously unpublished.

In his induction, Erickson demonstrates his multilevel communication technique and especially uses symbols to promote therapeutic change. Dr. Zeig discusses the microdynamics of Erickson's techniques. Two complete inductions with the same subject are shown in the program. The viewer will be able to see the effect of Erickson's work and the way in which Erickson seeds his therapy and works in consecutive sessions.

This videotape is offered by the Milton H. Erickson Foundation for sale to professionals. All proceeds from tape sales are the property of the Milton H. Erickson Foundation. Contact: Milton H. Erickson Foundation, Inc., (602) 956-6196.

LENGTH: 2 hours, 36 minutes

PRICE: \$200.00 U.S. (Beta or VHS)

(1 tape)

\$275.00 U.S. Sony U-Matic

(3/4") (3 tapes)

The program was premiered at the Dallas Seminar and was well received. Our evaluation form used the following scale: 1 = Poor; 2 = Fair; 3 = Good; 4 = Excellent; 5 = Superior. In response to the question, "What was your overall evaluation of the program?" the videotape was rated 4.2 (N = 99).

THE COLLECTED PAPERS OF MILTON H. ERICKSON

(One copy each of Volume III & IV)

Wishes to sell (Volume III - \$29.95; Volume IV - \$34.95). Contact Chuck Theisen, 225 West Indian School, Phoenix, Arizona 85013, Phone (602) 264-4791.

CONTACT/EXCHANGE

John McDonald would like to contact individuals who would be interested in contributing their favorite therapeutic metaphors and/or anecdotes to a collection for publication. Will exchange copy of book and credit for accepted contributions. Also, 10% of the profits will be donated to the Erickson Foundation. If interested, contact him at 10756 Exeter Ave., Seattle, WA 98125, (206) 367-0756.

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The Milton H. Erickson Foundation, Inc.

NEWSLETTER

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_____ I am not currently on your mailing list. Please add my name so that I may receive the NEWSLETTER and other information about activities of The Milton H. Erickson Foundation.

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Telephone: (602) 956-6196.