



# The Milton H. Erickson Foundation, Inc. NEWSLETTER

The Milton H. Erickson Foundation, Inc.  
1935 East Aurelius Avenue  
Phoenix, Arizona 85020  
U.S.A.  
Telephone: (602) 944-6529

VOLUME 1, NUMBER 3

WINTER 1981/82

## EDITOR'S NOTES

As I write this, I'm in San Francisco. The Seminar on Ericksonian Approaches to Hypnosis and Psychotherapy ended today. A review will probably appear in the next issue, but a short summary is appropriate in this space. First, the large number of attendees (approx. 425) offered ample proof that interest in Ericksonian approaches is growing geometrically. For some, this was their first intensive exposure to the approaches. For others, it was an opportunity to add to their existing skills and knowledge. Second, it is also apparent that many different conceptions, frameworks and teaching/training styles have been developed around Ericksonian work. The most frequent complaint overheard was the agonizing choice of which session to attend, as there were usually four excellent seminars held simultaneously. Luckily, all the presentations were audiotaped and are available through the Foundation. In addition, some of the sessions were videotaped for the Erickson Archives and some commercial distribution.

Donations totalling \$499.50 were received since the last newsletter. Donators: Anne Gonzales, Richard Cohn, Linda Ehrenpreis, William Blackerby, Kathleen Buchenauer, Margaret Wentworth, Linda Hill, William Brodsky, Diane Brashear, Brent Geary, Thomas Perzynski, Anthony Gaito, Selmer Wathney, Donald Weaver, Leslie Jo Sakato, A.S. Hellinger, Mark Lawrence, Anne Linden, Frank Stass, Rubin Battino, Deborah Lansworth, Leland Green, Paul Lamoreaux, George Thomson, Karyn Page, Patricia Hexum, Arleen Leis, Roger Allen and David May.

Deadline for submission to the next issue (Spring 1982) is March 1, 1982. Materials for submission should be sent to Bill O'Hanlon, Box 164, Blair, NE 68008, (402) 426-9205. All business matters should be addressed to the Foundation's office in Phoenix.

—Bill O'Hanlon

## TRAINING PROGRAMS IN ERICKSONIAN APPROACHES

(NOTE: The Erickson Foundation lists seminars as a service to newsletter subscribers. We cannot attest to the quality of training provided in these workshops.)

- The M.E.T.A. Institute was founded in 1975 as an organization for training mental health professionals in the Ericksonian approach. Its principal trainers are Stephen Gilligan, Paul Carter and Hedges Capers, Jr. Besides the Institute's extended training programs in California, which include six-day residential intensives, supervision opportunities, and month long workshops, Gilligan and Carter offer extensive training opportunities in most of the major cities of the U.S. and some in Europe. For information contact the Institute at P.O. Box 8991, Stanford, CA 94305 or at P.O. Box 2435, Del Mar, CA 92014; or call (415) 327-1675.

- The Family Collaborative is a new association of experienced teachers of family therapy who design and implement training sequences for agencies, clinics and colleges. They also offer ongoing consultation and supervision. The orientations of

problem focused strategic therapy to long-term multi-generational therapy. The staff has been greatly influenced by the work of Erickson. The directors of the Collaborative are Phyllis Toachim, Ph.D., Jack Jordan, Ph.D., and Doug Siegel, Ph.D. Contact them at 350 Washington St., Wellesley, MA 02181, (617) 325-2052.

- Marc Lehrer, Ph.D., and Deborah Ross, Ph.D. of Medical Hypnosis Seminars, offer trainings in hypnotherapy for professionals, and trainings in stress management and personal growth for the general public and for industry. Interested persons can write to Medical Hypnosis Seminars, 4546 Glenwood Dr., Santa Cruz, CA 95066; or call (408) 353-1928.

- Lynn E. Seiser, MA, MFCC, has been using Ericksonian approaches to psychotherapy for many years and has specialized in hard to work clients ranging from schizophrenics to sexual abuse. Currently a series of introductory to advance workshops are being scheduled for Southern California. For more information, write: Lynn Seiser, MA, MFCC, 2202 South Parton, Santa Ana, California 92707.

## MEDIA OF INTEREST

**The Journal of Strategic and Systemic Therapies** is published privately to encourage mental health practitioners to use systemic and strategic interventions effectively, efficiently and ethically. Clinical case studies of individuals, groups, families and institutions, as well as articles on research, ethics, training and theory, are presented in each issue. In addition, there are articles dealing with strategic and systemic aspects of sports, history, literature, and science, book reviews and news of events in the field. J.S.S.T. is refereed and is published quarterly. An individual subscription in the U.S. or Canada is \$8 (4 issues); in all other countries \$10 (U.S. funds). Send for rate information for institutional subscriptions. For more information, write Donald Efron, M.S.W., Editor, 779 Viscount Rd., London, Ontario, Canada N6J 4A4.

Eric Marcus, M.D., has signed a contract with Irvington Publishers for his book, titled **The Logic of Illogic: Right Brain Approaches to Communication and Growth**. The book contains numerous transcripts of therapy sessions involving the use of nonlinear

(Continued on Page 2)

## MEDIA OF INTEREST (Cont'd from P.1)

techniques, paradoxical strategies and neurolinguistic programming methods.

Correction: The new Grinder and Bandler book edited by Connirae Andreas was incorrectly listed in the last issue as **Transformations**. The correct title is **TRANCEformations: Neurolinguistic Programming™ and the Structure of Hypnosis**. Real People Press, Box F, Moab, Utah 84532. \$5.50 paper, \$9.00 cloth.

Irvington Publishers has reissued **Time Distortion in Hypnosis** by Lynn F. Cooper and Milton Erickson. It is priced at \$19.50.

A number of reviews have been published in Europe on the Erickson Congress. One by Bjorn Wormnes appeared in **Svensk Tidskrift For Hypnos** (Swedish Journal of Hypnosis). Another by Thies Stahl, Hamburg, West Germany, appeared in an issue of **Integrative Therapie**, January, 1981, pages 79-84. A review by Kees Hoogduin and Else de Haam was published in the **Kwartaalschrift voor Directieve Therapie en Hypnose** (Dutch Journal of Directive Therapy and

Hypnosis). Another Dutch review, authored by Onno van der Hart, was published in **Maandblad Geestelijke Volksgezondheid**, Volume 38, 10/81.

A review of the Erickson Congress was published in the January-February 1981 issue of the **Family Therapy Network Newsletter**, Volume 5, No. 1, by Judith Mazza, Ph.D.

Steve Lankton, Carol Lankton and Michael Brown had an article on "Psychological Level Communication in Transactional Analysis" published in the **T.A. Journal**, Volume 11, No. 4, October 1981, pages 287-299.

**Reflections on Therapy, and Other Essays**, by Jay Haley, has been published by The Family Therapy Institute of Washington, D.C., 4602 North Park Ave., Chevy Chase, Maryland 20015. The volume is a collection of some of Haley's papers and essays. Previous unpublished works are contained in the book including Haley's Keynote address at the Erickson Congress in December 1980.

Two speeches from the Erickson Congress were published in the February 1981 issue of **Svensk Tidskrift For Hypnos**. The two articles were Jay

Haley's Keynote address and Marion Moore's presentation on principles of induction.

The Dutch Directive Therapy group has initiated publication of the **Dutch Journal of Directive Therapy and Hypnosis**. The first issue appeared in February, 1981 and contained a Dutch language translation of Richard Van Dyck's presentation at the Erickson Congress entitled "How To Use Ericksonian Approaches When You Are Not Milton Erickson". The second issue included a Dutch language translation of an interview conducted with Jay Haley at the Congress by Kees Hooduin and Else de Haam.

Erickson's collected papers were recently offered as the Main Selection by the Behavioral Science Book Service.

A date and price have been set for the edited volume of the First International Congress, entitled **Ericksonian Approaches to Hypnosis and Psychotherapy** (edited by Jeff Zeig). It will be available in February, 1982, and the prepublication price is \$29.95 (Regular price will be \$35.00). It is available from Brunner/Mazel, Inc., 19 Union Square, New York, N.Y. 10003.

## NOTES FROM THE FOUNDATION

The seminar on Ericksonian Approaches to Hypnosis and Psychotherapy held December 3-6, 1981 in San Francisco was a huge success. The Seminar completely sold out and the workshops were filled.

Most of the credit for the success of the Seminar goes to our outstanding faculty which included: Kay Thompson, DDS; Robert Pearson, M.D.; Stephen Lankton, MSW; Herbert Lustig, M.D.; Marion Moore, M.D.; Joseph Barber, Ph.D.; Paul Carter, Ph.D.; Franz Baumann, M.D.; Helmut Relinger, Ph.D.; Stephen Gilligan, Ph.D. candidate; Ernest Rossi, Ph.D. and Jeffrey Zeig, Ph.D. The faculty worked long, hard hours teaching and demonstrating a variety of Ericksonian techniques and provided attendees with a high quality, stimulating and exciting learning experience.

We wish to thank our attendees for their participation and for their thoughtful suggestions and feedback of the Seminar provided through the Evaluation forms. These forms have already been reviewed and each member of our faculty will be given individual feedback compiled from the forms.

The Departments of Psychology and Psychiatry, Veterans Administration Medical Center, Martinez, California sponsored the Seminar for continuing education credits. We appreciate their willingness to collaborate with The Milton H. Erickson Foundation.

A very special thank you goes to the Volunteer Staff members. It was through the efforts of these people that the meeting ran smoothly, efficiently and on schedule.

We would like to express our gratitude and appreciation to Mildred Pardee of the Foundation staff for her many hours of excellent work preparing and organizing the Seminar. A special thank you also goes to Fern Kaye of Phoenix for taking time out of her busy schedule to fly to San Francisco and volunteer her time and effort for on-site coordination of the Seminar.

The Seminar was professionally audiotaped (InfoMedix, Inc.) and the demonstrations were professionally videotaped (McCune, Inc.). Professional videotaping of the demonstrations by McCune, INC. was a new and exciting addition to the meeting. The videotapes provide high quality examples of clinical hypnotherapy which practitioners can study at their leisure. Both audiotapes and videotapes sold very well at the meeting and are now available for purchase through the Erickson Foundation. Order forms are enclosed in the Newsletter.

On behalf of the Erickson Foundation, I extend best wishes to all for a happy holiday season.

*Sherron S. Peters*

## ANNOUNCEMENTS

A posthumous award was given to Dr. Milton Erickson for Distinguished Achievement in Family Therapy at the 1981 American Family Therapy Association Meeting, held in Seattle in June. The award was accepted by Karen Saeger, Ph.D. and was forwarded to Mrs. Erickson.

Bill O'Hanlon, M.S., has been named to the Editorial Review Board of the **Journal of Strategic and Systemic Therapies**.

Jeffrey K. Zeig received the Milton H. Erickson award from the American Society of Clinical Hypnosis for excellence in scientific writing for his articles on symptom prescription published in the July, 1980 issue of the **American Journal of Clinical Hypnosis**.

Jane Parsons, MSW, conducted an ongoing weekly workshop on Ericksonian hypnotherapy for Feldenkrais practitioners-in-training in Amherst, Massachusetts last summer. She is currently conducting a ten-session workshop once a week in New York City. On October 1st she did a videotape presentation to the Child-Adolescent staff of the Mount Sinai Hospital Department of Psychiatry. On December 17th she will do a presentation to the Social Service Department of Memorial Sloan-Kettering Hospital. On the weekend of November 13-15 she gave a workshop for professionals at Esalen Institute, Big Sur, California.

# UPCOMING SEMINARS / WORKSHOPS

(Note: The Erickson Foundation lists seminars as a service to newsletter subscribers. We cannot attest to the quality of training provided in these workshops.)

**January 9-10:** Introduction to Principles of Indirect Communication in Hypnosis and Psychotherapy; Larry Gindhart, M.A., John Cranfill, M.A.; Indianapolis: \$65; contact Human Resources Seminars, 4836 Park Ave., Indianapolis, Indiana 46205, (317) 283-8731

**January 22-24:** Ericksonian Hypnosis; Steve Gilligan; Seattle; Contact M.E.T.A. Institute, Stanford, CA (see address in TRAINING PROGRAMS).

**January 22-24 & February 25-27:** Ericksonian Hypnotherapy; Jeffrey K. Zeig; Boston; Contact Herb Hoffman, Couples Institute of New England, Box 187, West Newton, MA 02165.

**January 23:** Ericksonian Therapy Approaches: New Organizing Principles; Bill O'Hanlon, M.A., Omaha, Nebraska; \$35; contact Therapeutic Learning Center, Box 164, Blair, NE 68008, (402) 426-9205.

**January 28-31:** Hypnosis in NLP; John Grinder, Ph.D.; New York City; \$375; contact New York Training Institute for NLP, 155 Prince St., New York, N.Y. 10012, (212) 473-2852.

**January 29-31:** Ericksonian Psychotherapy; Jeffrey K. Zeig; Stockholm, Sweden; Annual workshop of the Swedish Society of Clinical and Experimental Hypnosis, Kjell Waara, Box 269, S-61126, Nykoping, Sweden.

**January 30:** Therapeutic Metaphor; Bill O'Hanlon; Kansas City, MO; \$35; Contact Therapeutic Learning Center (see address above).

**February 6-7:** Trance Dynamics and

the Patterning of Paradox; \$100; Contact Paul Lounsbury, M.A., 1 West 67th Street, New York, N.Y. 10023, (212) 362-3548.

**February 12-14:** Steve and Carol Lankton, Eugene, OR; Contact David Northway, Willamette Valley Couns. Assoc., Suite 105, Wilcox Bldg., 492 E. 13th, Eugene, OR 97401

**February 19-21:** Training Seminar in Ericksonian Approaches to Hypnosis and Psychotherapy; State College, PA; \$150; Contact Paul Lounsbury, M.A. (see address above).

**February 19-21:** Advanced Tutorial; Marion Moore, M.D.; Santa Cruz, CA; \$300; Contact Medical Hypnosis Seminars (see address in TRAINING PROGRAMS).

**February 20:** Strategic Pattern Intervention: An Integration of Individual and Family Approaches; Bill O'Hanlon; Omaha, NE; \$35; Contact Therapeutic Learning Center (see address above).

**February 20-21: Strategic Therapy; Jay Haley, M.A./Clot Madanes; Scottsdale, AZ; \$170; Contact the Milton H. Erickson Foundation.**

**February 27:** The Use of Paradoxical Interventions in Therapy: A Practical Model for Clinicians; Bill O'Hanlon; Kansas City, MO; \$45; Contact Therapeutic Learning Center.

**March 2-7:** Residential Intensive in Ericksonian Hypnosis; Paul Carter, Ph.D./Steve Gilligan; La Jolla, CA; Contact M.E.T.A. Institute (Del Mar) (see address in TRAINING PROGRAMS).

**March 6-7:** Medical Hypnosis; Marc Lehrer, Ph.D./Deborah Ross, Ph.D.; Santa Cruz, CA; \$200 (students \$150); Contact Medical Hypnosis Seminars (see address in TRAINING PROGRAMS).

**March 8-12:** Ericksonian Intensive; Steve/Carol Lankton; Pensacola Beach, FL; Contact Carol Lankton, P.O. Box 958, Gulf Breeze, FL 32561, (601) 932-6819.

**March 14:** Advanced Practicum; Deborah Ross/Marc Lehrer; Santa Cruz, CA; \$100; Contact Medical Hypnosis Seminars (see address in TRAINING PROGRAMS).

**March 20-24:** Ericksonian Intensive; Carol/Steve Lankton; Denver, CO; Contact Garth Johnston, 2755 S. Locust St., Suite #219, Denver, Colorado 80222, (303) 758-6361.

**March 20:** Therapeutic Metaphor; Bill O'Hanlon; Omaha, NE; \$40; Contact Therapeutic Learning Center (see address above).

**March 26:** Ericksonian Therapeutic Approaches: New Models for Old Wine; Bill O'Hanlon; Seattle, WA; \$40; Contact Michael Martin, J.D., 10013 Densmore

(Continued on Page 6)

## PROFESSIONALLY PRODUCED VIDEO CASSETTES

### FROM THE 1981 SEMINAR ON ERICKSONIAN APPROACHES TO HYPNOSIS AND PSYCHOTHERAPY

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- Franz Baumann, M.D.  
INDUCTIONS WITH CHILDREN AND ADOLESCENTS
- Paul Carter, Ph.D.  
THE PARTS MODEL: DEMONSTRATION OF WORK WITH PHOBIAS AND ANCHORS
- Stephen R. Lankton, M.S.W.  
THE VARIETIES OF ERICKSONIAN HYPNOTIC SUGGESTION
- Robert E. Pearson, M.D.  
ERICKSONIAN INDUCTION STRATEGIES
- Kay F. Thompson, D.D.S.  
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# ERICKSONIAN APPROACHES

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## LIMITED TIME OFFER

Tapes from the December 3-6, 1981 Erickson Seminar, San Francisco, California.

The seminar on Ericksonian Approaches to Hypnosis and Psychotherapy was professionally recorded. Audiotape copies of the presentations are available for purchase through mail order. Please use the order form on the reverse side. Thank You!

The meeting was an invaluable learning experience for all that attended and cassette tapes are the next best thing to being there. Take advantage of this limited offer NOW!

### HALF-DAY WORKSHOPS

- No. 1AB**     **The Double-Induction: Paradox Utilization Strategies**, P. Carter, S. Gilligan (2 tps.)  
\$17.00
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- No. 6**        **Ericksonian Approaches to Induction**, S. Lankton, H. Lustig, S. Gilligan  
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- No. 7**        **Hypnosis and Psychotherapy**, M. Moore, S. Lankton, J. Zeig  
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- No. 8**        **Pain Control**, K. Thompson, R. Pearson, F. Baumann  
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- No. 20**       **Resistance**, J. Barber, R. Pearson, P. Carter  
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- No. 21**       **Anecdotes**, K. Thompson, S. Gilligan, J. Zeig  
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- No. 12**       **Conversational Introduction to Trance**, K. Thompson  
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S. Lankton  
\$8.50
- No. 30**       **Ericksonian Induction Strategies**, R. Pearson  
\$8.50
- No. 31**       **Naturalistic Approach to Hypnosis Utilizing Hypnosis In Pain Treatment & Psychotherapy**, J. Barber  
\$8.50

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- No. 17ABCD**   **Generative Personality: Creativity in Therapy**, P. Carter (4 tps.)  
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H. Lustig (3 tps.)  
\$25.50
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- No. 38ABCD**   **Interspersal of Symbols**, J. Zeig (4 tps.)  
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- No. 39ABCD**   **Tailoring Psychotherapy**, M. Moore (4 tps.)  
\$34.00
- No. 40ABCD**   **Methods of Hypnotic Pain Control**, J. Barber (4 tps.)  
\$34.00
- No. 41ABCD**   **A Comprehensive Investigation of Hypnosis in Childhood and Adolescence**, F. Baumann (4 tps.)  
\$34.00

### SPECIAL CONVERSATIONS HOURS

- No. 26**       **Posttraumatic Stress Disorder**, H. Relinger  
\$8.50
- No. 27**       **Process of Learning Ericksonian Hypnotherapy**, E. Rossi  
\$8.50
- No. 28**       **Process of Learning Ericksonian Hypnotherapy**, E. Rossi  
\$8.50

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## UPCOMING SEMINARS/WORKSHOPS

(Continued from Page 3)

North, Seattle, WA 98133, (206) 524-2722 or Therapeutic Learning Center (see address above).

**March 27:** The Use of Paradoxical Interventions in Therapy: A Practical Model for Clinicians; Bill O'Hanlon; Seattle, WA; \$40; See above (March 26) for contact information.

**March 29-30:** Institute on Ericksonian Approaches to Family Therapy; David Calof, Norman Katz, Ph.D., Alan Leveton, M.D., Judith Mazza, Ph.D., Jesse Miller, Ph.D., and Jeff Zeig; San Francisco; American Orthopsychiatric Association Meeting.

**April 2-4: Diagnosis and Treatment Planning: Multiple Embedded Metaphor and Strategic Use of Trance Phenomena in Ericksonian Hypnotherapy; Steve/Carol Lankton; Phoenix; Contact The Milton H. Erickson Foundation.**

**April 11:** Erickson Reframing and Story-telling; Marc Lehrer/Deborah Ross; San Francisco; \$100 (\$75 students); Contact Medical Hypnosis Seminars (see address in TRAINING PROGRAMS).

**April 12-13:** Understanding and Using Trance; Steve Lankton; Raleigh, North Carolina; Contact Southeast Institute for T.A., P.O. Box 2183, Chapel Hill, N.C. 27514, (919) 929-1171.

**April 16-17:** Ericksonian Hypnotic Approaches and Techniques; Bill O'Hanlon; Omaha, NE; \$45/day (\$80/2 days); Contact Therapeutic Learning Center (see address above).

**April 16-18:** Erickson's Clinical Use of Trance: Multiple-Embedded Metaphor; Carol/Steve Lankton; \$185; Evanston, IL; Contact John Lazar, Communication Technologies, Inc., 4414 N. Malden, Chicago, IL 60640, (312) 427-5525/275-5596.

**April 17-18:** Hypnosis with Children and Families; Deborah Ross/Marc Lehrer; Cal. State-Hayward; Contact Medical Hypnosis Seminars (see address in TRAINING PROGRAMS).

**April 24:** The Use of Paradoxical Interventions in Therapy: A Practical Model for Clinicians; Bill O'Hanlon; Phoenix; \$50; Contact Tina Nereson, 1241 N. 3rd Ave., Tucson, AZ 85705, (602) 792-1671 or Therapeutic Learning Center (see address above).

**May 1:** Ericksonian Family Therapy; Steve Lankton; Columbus, OH; Contact Ohio AAMFT, c/o Ed Perkinson, 1218 Schocolog Rd., Akron, OH 44320, (216) 864-7607.

**May 1-2:** Self-Hypnosis Intensive; Marc Lehrer/Deborah Ross; San Francisco; \$125 (Couples \$200); Contact Medical Hypnosis Seminars (see address in TRAINING PROGRAMS).

**May 10-11:** Ericksonian Approaches; Jeff Zeig; Rome, Italy; Contact Camillo Loredi, M.D., Centro di Studi e di Ricerca per la Psicoterapia, Vialo

## RESEARCH / CLASSES / LECTURES

Jesse S. Miller, Ph.D., president-elect of the Northern California Society of Clinical Hypnosis will present a series of lectures on Ericksonian "strategic therapy" at the University of California campuses during the Winter and Spring of 1982. These two day programs featuring annotated videotapes of Erickson at work will be sponsored by the Extension divisions of the University of California at San Diego on January 30-31; at Santa Barbara on February 13-14; at Los Angeles on March 20-21; and at Berkeley on May 8-9. Lecture material will include how to conceptualize a case for strategic intervention, how to make a "contextual" diagnosis, and how to give a directive.

Lynn D. Johnson, Ph.D., will teach a course in Ericksonian techniques of hypnosis and therapy Spring Quarter at the University of Utah. The course, sponsored by the Dept. of Educational Psychology, is open to mental health professionals and graduate students in clinical or counseling psychology and social work. The course carries 3 hours of graduate credit and will run March 31 to June 9. This may be the first graduate class given by a major university devoted entirely to Ericksonian techniques. For registration information, contact Admissions Office, University of Utah, Salt Lake City, Utah 84112.

As part of a doctoral dissertation, a

group is conducting research comparing direct and indirect hypnotic inductions and suggestions. They are investigating the relationship between cognitive/personality styles and hypnotic responsiveness. The springboard for this research was Dr. Erickson's contention that indirect confusional techniques were particularly appropriate with obsessive, resistant, and challenging subjects. They have developed the Wexler/Alman Indirect Hypnotic Susceptibility Scale. This was devised through a thorough reworking of the Harvard Group Scale of Hypnotic Susceptibility, with the language and pacing now permissive, naturalistic and confusional rather than more direct and authoritative. By correlating results on these two scales with measures of psychological differentiation (field dependence/independence), they hope to help discriminate which types generally respond better to a direct or an indirect approach. The other product of this research will be the development of a measure aimed at assessing responsiveness to indirect approaches. If you have any questions or comments about this research, or if you are conducting related studies, please contact David Wexler, M.A., Mercy Hospital Mental Health Outpatient Services, 4077 5th Ave., San Diego, CA 92103.

Regina Margherita, 37, Rome, Italy.

**May 14-16:** Ericksonian Approaches; Jeff Zeig; Tübingen, West Germany; Contact Dr. Dirk Revenstorf, Universität Tübingen-Psychologisches Institut, Gartenstrabe 29, 7400 Tübingen 1.

**May 20:** Erickson: Reframing and Story-telling; Deborah Ross/Marc Lehrer; San Diego; \$100 (students \$75); Contact Medical Hypnosis Seminars (see address in TRAINING PROGRAMS).

**May 20-22:** Ericksonian Approaches; Jeff Zeig; St. Gallen, Switzerland; Contact Theresa Miller, Dufour Street #30, St. Gallen, Switzerland.

**June 9-13:** Residential in Clinical Hypnotherapy; Marc Lehrer/Deborah Ross; \$350 (tuition only), \$500 (includes meals and lodging); Contact Medical Hypnosis Seminars (see address in TRAINING PROGRAMS).

**June 11-16:** Residential in Ericksonian Hypnosis; Steve Gilligan/Paul Carter; Denver; Contact Toc Carncross, 7650 Teller, Arvada, CO 80003, (303) 422-3344.

**June 14-15:** (also repeated June 28-29) Ericksonian Approaches to Treating Resistant Clients; Bruce Fischer; Minneapolis, MN; \$75; Contact Moira Keane, Dept. of Conferences, Nolte Center for Continuing Education, 315

Pillsbury Dr. S.E., Minneapolis, MN 55455, (612) 373-3843.

**June 17-20:** Family Therapy and Hypnosis; Steve/Carol Lankton; Heidelberg, Germany; Contact Bernhard Trenkle, Peter-Wenzel-Weg 38, 6900 Heidelberg 1, Germany, Phone: 06221/800386.

**June 22-27:** Residential Intensive in Ericksonian Hypnosis; Paul Carter/Steve Gilligan; Santa Cruz, CA; Contact M.E.T.A. Institute, Stanford (see address in TRAINING PROGRAMS).

**June 24-26:** Ericksonian Hypnosis; Carol/Steve Lankton; London, England; Contact Nancy Paul, M.A., Phone: 011+44+7375+56348.

**July 1-4:** Ericksonian Hypnosis: Intermediate Level; Steve/Carol Lankton; Hamburg, Germany; Contact Jan Walhs/Ulle Wilken, Phone: 011+49+40+478317.

**July 12-30:** Intensive in Ericksonian Hypnotherapy; Steve Gilligan/Paul Carter; San Diego; Contact M.E.T.A. Institute, Del Mar (see address in TRAINING PROGRAMS).

**July 16-18:** Ericksonian Hypnosis and the Management of Pain; Joseph Barber, Ph.D.; Chicago; \$185; Contact Communication Technologies, Inc. (see address above).

# A Two Day WORKSHOP on Strategic Therapy with Jay Haley and Cloé Madanes

## Strategic Therapy Workshop

I—A workshop on the practical aspects of a family therapy where the therapist plans and carries out strategies to achieve specific goals. The emphasis will be on the skills of therapist, on how to give directives, and on paradoxical and pretending techniques.

The range of therapy problems presented will include those of children, adolescents, young adults and marital problems.

Videotapes will be used to illustrate therapy techniques.

The presentation time will be divided equally between Jay Haley and Cloé Madanes.

II—The workshop is approved by the American Psychological Association to sponsor continuing education in psychology. This program is offered for 11 hours of continuing education credit. This is one of a series of workshops co-sponsored by The Family Therapy Institute of Washington, D.C.

## CONTACT/EXCHANGE

Seeking Erickson cassettes, particularly induction tapes. Will purchase or trade for International Congress or NLP workshop tapes. David R. May, Ph.D., Box 931, Elridge, CA 95431; (707) 938-1131 (evenings).

Co-sponsored by  
THE MILTON H. ERICKSON  
FOUNDATION  
and  
THE STRATEGIC THERAPY  
TRAINING CENTER

## REGISTRATION

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To reserve your place, mail this completed form with fee to Jeffrey K. Zeig, Ph.D., The Milton H. Erickson Foundation, 1935 East Aurelius Avenue, Phoenix, Arizona 85020, Telephone (602) 944-6529. Make checks payable to The Milton H. Erickson Foundation.

**FEES:** \$150 for the two-day program  
\$90 for graduate students in accredited programs  
(A certifying letter from your school or department indicating proof of full-time status as of January, 1982 is required.)  
Fees do not include hotel or meals.  
(\$25 cancellation fee)

**PLACE:** Sheraton Scottsdale Inn  
7200 North Scottsdale Road  
Scottsdale, Arizona 85253  
Telephone: (602) 948-5000

Co-sponsored by  
The Strategic Therapy Training Center  
4602 North Park Avenue  
Chevy Chase, Maryland 20015  
Telephone: (301) 951-0335

**DATE:** February 20-21, 1982  
9:00 a.m. to 4:30 p.m. each day

Special arrangements for hotel accommodations have been made with the Sheraton Scottsdale Inn. A hotel registration form will automatically be sent to people who remit registration fees. Please be aware that Phoenix is a winter resort and hotel space is at a premium. If you call the Sheraton Scottsdale Inn for reservation, indicate that you are attending the meeting of The Milton H. Erickson Foundation so that you can take advantage of the special rate.

## ONGOING TRAINING / SERIES

The New York Society for Ericksonian Psychotherapy and Hypnosis hold meetings approximately once a month at which a presentation on some aspect of Ericksonian approaches is given. Full and Associate membership in the society is \$45. Contact them at 434 E. 52nd St., 6G, New York, N.Y. 10022.

The M.E.T.A. Institute will offer two twelve day small group Intensives in Ericksonian Hypnotherapy: In Los Angeles, Feb. 19-21, March 19-21, April 16-18 and May 28-30, 1982. In San Francisco, April 2-4, April 23-25, May 14-16, and June 4-6, 1982. Cost per program is \$800 (see address in TRAINING PROGRAMS).

Psychotherapeutic Systems Institute offers a series on Ericksonian Hypnosis in Charleston, Illinois by J. Adrian Williams, M.A. The dates are January 28, 29 and 30; February 25, 26 and 27; March 25, 26 and 27, 1982. Fee is \$150. P.S.I., 921 Lincoln Ave., Charleston, IL 61920, (217) 7313.

Joseph Rosner, Ph.D., will offer training in Ericksonian Hypnotherapy on Sundays between February 21 and March 28, 1982 in West Los Angeles,

California. The training series will feature videotapes of Dr. Erickson at work and discussion topics will include: Ericksonian philosophy, trance induction, trance phenomena, microdynamics of trance induction and suggestion, case discussions, and audio and/or videotape analyses. Limit is 15 participants. Qualifies for Category B CE. Contact Nancy Henderson, (213) 391-1727.

The Problem Solving Center offers a seminar series on Fundamentals of Clinical Hypnosis and on Advanced Techniques designed to develop competent practitioners in the Utilization Approach to Hypnosis. Fundamentals will be offered once on January 15, 22, 29 and February 5, 1982 and again on April 16, 23, 30 and May 7, 1982. Advanced Techniques will be offered once on February 19, 26 and March 5, 12, 1982 and again on June 4, 11, 18, 25, 1982. Cost for one series is \$150 (\$125 full time students) or \$275 for both. Contact Phillip Hill, M.D. at 133 Coolidge St., Brookline, MA 02146, (617) 739-3359.

Steve and Carol Lankton are presenting several series in various

cities. In Chapel Hill, North Carolina, they are sponsored by Bob Dick, Ph.D., Human Resources Consultants, 104 S. Estese, Chapel Hill, N.C. 27514. (919) 929-1227. Cost: \$100/session. Dates for this series are Jan. 22-23, March 5-6, June 4-5, 1982. In Atlanta, Georgia, the sponsor is the Atlanta Institute of Family Studies, 61 Eighth Street, N.E., Atlanta, GA 30309. (404) 874-1334. Cost: \$360/six sessions. Dates: Jan. 10, Feb. 7, March 7, May 2, June 6, 1982. One series in Boston is sponsored by Interface Foundation, 230 Central St., Newton, MA 02166, (617) 964-7140. Cost: \$100 for three evenings. Dates: Jan. 29, April 23, May 28, June 11, 1982. Another Boston Series is sponsored by Reid Wilson, Ph.D., Suite 517, 300 Mt. Auburn St., Cambridge, MA 02138, (617) 864-9310. Cost: \$600 for six weekends. Dates: January 30-31, Feb. 27-28, March 27-28, April 24-25, May 29-30, June 12-13, 1982.

Steve Gilligan will offer an advanced 8-day training in Ericksonian Approaches in Vancouver, B.C. on January 14-17 and March 18-21, 1982. Contact him at M.E.T.A. Institute in Stanford for more details.

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# The Milton H. Erickson Foundation, Inc.

## NEWSLETTER

1935 East Aurelius Avenue  
Phoenix, Arizona 85020  
A/C 602-944-6529

Bill O'Hanlon, Editor  
P.O. Box 164  
Blair, NE 68008

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